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FATHER'S
DAY

Flag Day is June 14

Island Sun

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VOL. 26, NO. 50

SANIBEL & CAPTIVA ISLANDS, FLORIDA

JUNE 14, 2019

JUNE SUNRISE/SUNSET:

14 6:35 • 8:22 15 6:35 • 8:22 16 6:35 • 8:23 17 6:35 • 8:23 18 6:36 • 8:23 19 6:36 • 8:23 20 6:36 • 8:24

Navy Veteran's Memorabilia On Display At Library

by Jeff Lysiak

Currently on display at the Sanibel Public Library, an assortment of military memorabilia – from the personal collection of island resident and World War II combat veteran Ed Sieber – showcases rarely seen Navy ribbons, medals, letters of commendation and a model of a SB2C Helldiver.

Located on the library's second floor near the eastern elevator, a six-foot cabinet contains more than 25 artifacts on loan from Sieber, who as a member of the United States Navy Air Group 82 Bombing Squadron, assisted in the historic sinking of the Japanese battleship *Yamato*, which occurred on April 7, 1945.

After graduating from high school in Bloomington, Minnesota, Sieber enrolled at the University of Minnesota in 1940, hoping to complete a four-year course on aero-engineering. But after the United States was pulled into the war on December



Ed Sieber standing next to the display of his military memorabilia

photo by Jeff Lysiak

7, 1941 following the bombing of Pearl Harbor, he joined a civilian pilot training project, which he knew would accelerate his ability to begin flying airplanes.

In early 1943, Sieber joined the Naval

Air Corps, continuing his training in Iowa City, Iowa.

"I was on a train with a group of 50 pilots who were about to ship out," he remembered. "And then, one of those

pilots got sick, so they had an opening and I was asked to join them."

Taking advantage of that vacancy, Sieber enrolled in a "fast-track" training – normally a two-year course – which completed his aviation education with short stints in Ottumwa, Iowa (90 days) and Pensacola, Florida (six months). He trained on aircraft including BT-13s and SNJs as well as early prototypes of the SB2C Helldiver bombers.

"We learned navigation, night flying, observation and operational training and dive bombing," said Sieber. "Then, we switched over to the SB2C fleet of combat aircraft. It could go higher and faster for longer in the air... everything the Navy wanted."

Following additional training stops in Illinois, Virginia, New York and California, Sieber and his fellow squadron pilots were deployed to Hawaii, ready for combat. Part of the Navy's Pacific fleet were to rendezvous on Mog-Mog, located near an atoll in the Caroline Islands.

"As far as I could see, we had battleships and cruisers and destroyers, landing craft and submarines," he noted. "At the beginning of the war, we had 43 ships. But

continued on page 40



World Sea Turtle Day kicks off with a free guided beach walk

photo provided

Celebrate World Sea Turtle Day

Take a free guided beach walk, watch a free film, and take advantage of free upcycled sea turtle crafts, Refuge Nature Store specials, and hand-outs on World Sea Turtle Day at the JN "Ding" Darling National Wildlife Refuge

on Monday, June 17.

Free sea turtle lessons and a showing of the 90-minute film *Turtle: The Incredible Journey* take place throughout the day at the refuge Visitor & Education Center. The morning's ranger-led beach walk and cleanup departs from the refuge's Perry Tract, accessible from Gulfside City Park. The first 20 to show up for the beach

continued on page 38

Group Honored To Lead Parade



Captains For Clean Water, 2016 Independence Day Parade

photo by Jeff Lysiak

by Jeff Lysiak

Captains For Clean Water, the group of environmental activists that has championed for healthy marine ecosystems in Southwest Florida by improving water quality, will serve as the

grand marshal of the 29th annual Sanibel and Captiva Islands Independence Day Parade, scheduled for Thursday, July 4.

This year's parade theme is Seas The Day.

"The Independence Day parade is a continued on page 8

Sanibel • Captiva



40th ANNUAL



ROAD RALLY

Sanibel • Captiva



The Sanibel Captiva Optimist Club 2019 Official Entry Form

For an early start time, preregister and mail this form along with entry fee of \$40.00 to:

Sanibel Captiva Optimist Club
P.O. Box 1370 Sanibel, Florida 33957

Additional Info: Randy 239-699-8739, Dani 239-472-0836, Richard 239-292-4631

on-line www.sancapoptimist.org

e-mail info@sancapoptimist.org



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Navigator's Name: _____

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Team Leader Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Cell Phone: _____ **E-Mail** _____

Time Out: **Time In:** **Total Time:**

Mileage Out: **Mileage In:** **Total:**

Route Score: **+ Bonus:** **- Penalties:** **Total:**

Preregistration Fee \$40.00. Walk-in fee day of event \$45.00
Includes: Car, Driver, Navigator, Unlimited Crew, and 1 Official Road Rally T-Shirt.
(Additional T-Shirts will be available for \$15.00)

Penalties:

- Points deducted for each mile over or under computed mileage.
- Points may be deducted for each minute over or under advantage course time at the Committee's discretion.
- Entry disqualified for exceeding posted speed limit or for receiving a moving violation on the course.
- Entry may be disqualified if not at finish point within 2 1/2 hours.
- The Rally Master reserves the right to adjust the time equally for all contestants if conditions warrant.
- Afterglow party in The Sanibel Grill at The Timbers Restaurant!



Registration from end of Parade to 12:00 Noon July 4th,
in the parking lot at Timbers Restaurant
703 Tarpon Bay Road, Sanibel Island, Florida
Conducted by: The Sanibel Captiva Optimist Club

The Sanibel – Captiva Optimist Club is a 501(C)3 Corporation and your donation is fully tax deductible.
Please note that we are an all-volunteer, not-for-profit organization and all of the funds go directly to Helping The Kids

Register Early For July 4 Road Rally

The Sanibel-Captiva Optimist Club celebrates 40 years of Road Rally fun on Thursday, July 4 as teams puzzle out the clues while following a prescribed driving course around the island.

Registration is open and entry forms are available at Bailey's General Store, Sanibel Cafe, Sanibel Captiva Community Bank, printed in the local newspapers or online at www.sancapoptimist.org. Mail your form with the entry fee of \$40 (\$45 walk-in fee at starting line), to San-Cap Optimist Club, P.O. Box 1370, Sanibel, FL 33957, or bring it to the starting line (credit cards accepted). Entry fee includes car, driver, navigator, unlimited crew and one Road Rally T-shirt (additional T-shirts will be available for \$15 each). The number of entries is limited to 50.

Prizes will be awarded for correct time and mileage, most correct answers to the quiz, best decorated vehicle, team coming from the farthest location and team finishing last. A 50/50 raffle will also be available.

Starting times, following the end of the Sanibel & Captiva Islands Independence Day Parade, are every two minutes beginning at noon from the parking lot at the Timbers Restaurant, located at 703 Tarpon Bay Road. The rally also ends there for the "afterglow" party.

Early registrants can select their starting time by calling Randy Carson at 699-8739. See the entry form for more details or call Randy Carson, Richard McCurry, 292-4631 or Dani Howard, 472-0836.

As usual, all vehicles will be ranked at the finish by points awarded for the most correct answers to the rally questions based on sights seen along the designated route, for a finishing time closest to the committee's calculated times, for the distance driven closest to pre-determined route distance, and extra points for other answers. Clues to extra credit answers will be published in local newspapers in the weeks prior to the rally. Copies of the newspapers will be provided in the package of instructions given to each entry at each vehicle start. Prizes are awarded to the winners. Each year the rally committee selects and discloses its choice of the Best Decorated Vehicle.

Sponsorships are still available for tax-free donations of \$100 or more. There is a tiered sponsorship consisting of three levels:

Event Sponsor Platinum Level of \$1,000 or more, Lions Paw Gold Level of \$500, Junonia Silver Level of \$250 and Conch Pearl Level of \$100.

Each sponsor receives publicity and a sign on one of the rally vehicles. Call Randy Carson, Richard McCurry or Dani Howard for sponsorships.

All proceeds from the rally provide funds for the local Sanibel-Captiva Optimist Club's six college scholarships and many other benefits for local youth. The Sanibel-Captiva Optimist Club is a 501(c)3 charitable organization.✱



Students display the paintings they created with artist Sissi Janku, second from right
photos provided

Community House

Yoga Classes

On Tuesdays, Vinyasa yoga with Susan Pataky begins at 10 a.m.

Sanibel Yoga for all levels is held at 10 a.m. on Thursdays with Susan Pataky.

Sanibel Yoga Chi (gentle) is held at 11:15 a.m. on Tuesdays and Thursdays with Susan Pataky.

Shell Crafting

Shell craft lessons are held at 10 a.m. on Mondays. All ages are welcome but children must be accompanied by an adult. Shell Crafters are on site until 1 p.m. on Mondays for those who would like to view or purchase their work.

Community Socials

Monthly community socials will be held throughout the summer featuring different themes: Saturday, July 6 is Rib Night from 6 to 8 p.m.; Wednesday, August 14 is Greek Night from 6 to 8 p.m. Cost is \$15 per person, additional \$5 for sundae bar. Alcoholic beverages will be available for purchase.

Honey, Pickles and Jellies

Locally harvested honey is for sale, as well as chutneys, pickles and jellies made by Chef Jarred Harris.

Children's Painting Classes

On Wednesdays in July, island artist Sissi Janku will offer painting classes for children ages 8 and older. Known for her popular adult classes, Colorful Sips, Janku is now designing classes for younger painters. With bright colors and fun techniques, Janku will show students how to complete a painting in two hours. The subjects will be local tropical wildlife, inspired by the works of famous artists such as Van Gogh. All materials (including aprons) will be provided. Cost is \$50 per class, which runs from 2 to 4 p.m. Sign up online at



Kids Cooking Camp begins July 29

www.sanibelcommunityhouse.net.

Kids Cooking Camp

The first session of Kids Cooking Camp runs Monday, July 29 to Friday, August 2 from 9 a.m. to noon. Resident Chef Jarred Harris will teach young chefs basic culinary fundamentals and help them develop their cooking skills. Students will learn kitchen safety and classic culinary techniques in team settings.

Day 1: Equipment orientation, kitchen safety, bread, soups and stews

Day 2: Pizza and pasta

Day 3: Team Challenge: Italian lunch

Day 4: Just Desserts

Day 5: Team Challenge: Desserts

For more information or to sign up, visit www.sanibelcommunityhouse.net.

Sponsorships are available. If you would like to sponsor a child for a day or a week, call 472-2155.

Cooking Camp For Kids And Teens

The second session of youth cooking classes will run Monday through Friday,

August 5 to 9 from 9 a.m. to noon. Resident Chef Jarred will teach students professional kitchen etiquette and table settings, standard food safety practices, basic knife skills and proper use of weights and measures. The young chefs will also practice a variety of essential kitchen skills with other students who like to cook. Each day's menu is inspired by a different country.

Day 1: Thailand – Fresh Ingredients and Flavors

Day 2: India – Spices and Herbs

Day 3: China – Rice and Noodles

Day 4: France – Cookies, Cakes and Pastry

Day 5: Africa – Cocoa and Spice

For more information or to sign up, visit www.sanibelcommunityhouse.net.

Sponsorships are available. If you would like to sponsor a child for a day or a week, call 472-2155.

*The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.**

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Sanibel Historical Museum And Village

Landmark: Esperanza At Duffy’s Creek

This week’s image shows Esperanza Woodring tending to a cooking fire at Duffy’s Creek in the mangroves on the north side of Sanibel in the 1940s. Fishing guides often cooked lunch for their party while fishing, and she holds a mangrove branch with coon oysters to roast over the fire. Duffy’s Creek was named for an early homesteader and is within the JN “Ding” Darling National Wildlife Refuge.

Learn more about the history of Sanibel at the Sanibel Historical Museum and Village, 950 Dunlop Road, next to BIG ARTS. The village is open Tuesday through Saturday from 10 a.m. to 4 p.m. through April. Full guided tours take place at 10:30 a.m. and 1:30 p.m. at no additional charge. Beginning May 1, village hours are 10 a.m. to 1 p.m., with one guided tour at 10:30 a.m. There is handicap access to the buildings. Admission is \$10 for adults over 18, no charge for members and children. For more information, visit www.sanibelmuseum.org or call 472-4648.✽



Esperanza Woodring at Duffy’s Creek
photo courtesy Sanibel Historical Museum and Village

Churches/Temples

ANNUNCIATION GREEK ORTHODOX CHURCH

Reverend Father Dean Nastos, Orthos Service Sunday 9 a.m., Divine Liturgy Sunday 10 a.m., Fellowship Programs, Sunday School, Bible Study. www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, Fort Myers, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS

The Reform Jewish congregation has Friday Shabbat services at 7:30 p.m. (7 p.m. from May to Sept.) in Fellowship Hall of Sanibel Congregational UCC. Rabbi Stephen Fuchs, President Barry Fulmer. www.batyam.org, 2050 Periwinkle Way, 732-780-2016.

HISTORIC CAPTIVA CHAPEL BY THE SEA

The Rev. Dr. John N. Cedarleaf Services every Sunday 11 a.m. November 11, 2018 thru April 28, 2019. 11580 Chapin Lane, Captiva, 472-1646.
FIRST CHURCH OF CHRIST, SCIENTIST Sunday 10:30 a.m., Sunday School 10:30 a.m., Wednesday afternoon meeting 4:30 p.m. Reading room open, Monday, Wednesday and Friday 10 a.m. to 12 p.m. (November through March), Friday 10 a.m. to 12 p.m. (summer hours). 2950 West Gulf Drive, 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for Bible study and Worship Sunday 10 a.m. at Island Cinema. Call Pastor Mark Hutchinson, 284-6709.

SANIBEL COMMUNITY CHURCH

Dr. Stephen LeBar, Interim Senior Pastor Sunday Worship: 8 a.m. Traditional in Historic Chapel; 9 a.m. Contemporary and Children’s Church in Main Sanctuary; 11

a.m. Traditional in Main Sanctuary. Childcare available at all services. www.sanibelchurch.com, 1740 Periwinkle Way, 472-2684
SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST The Reverend Dr. John H. Danner, Sr. Pastor. The Reverend Deborah Kunkel, Associate Pastor. Sunday worship: chapel service at 7:45 a.m.; 10 a.m. blended or traditional service (alternate months). Sunday school and nursery care at 10:00 a.m., www.sanibelucc.org, 2050 Periwinkle Way, 472-0497.

ST. ISABEL CATHOLIC CHURCH

Pastor Reverend Christopher Senk, Saturday Vigil Mass 5 p.m., Sunday Mass 8:30 and 10:30 a.m., Sunday May through October 9:30 a.m. only. Daily Mass Wednesday, Thursday and Friday 8:30 a.m. Holy Days call. 3559 San-Cap Road, 472-2763.

ST. MICHAEL & ALL ANGELS EPISCOPAL CHURCH

The Rev. Dr. Ellen Sloan, Rector. Saturday Eucharist 5 p.m. Sunday Eucharist 9:30 a.m. Sunday School (resumes in September). Tuesday Morning Prayer 9 a.m. Wednesday Healing Eucharist 9 a.m. (excluding July & August). Prayer and Potluck first Wednesdays 6 p.m., www.saintmichaels-sanibel.org, 2304 Periwinkle Way, 472-2173.

UNITARIAN UNIVERSALISTS OF THE ISLANDS

Meets 5 p.m. on the second Sunday of each month from December through April at the Sanibel Congregational Church. A pot luck is held at a member’s home on the third Sunday of each month. ryi39@aol.com, 2050 Periwinkle Way, 433-4901.✽

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For individual shop information:

www.ShopOnSanibel.com




Darrin Grotian and Willy Ocasio of Bank of the Islands photo provided

Parade Shirts On Sale At Bank Of The Islands

The Sanibel and Captiva Islands 29th annual Independence Day parade is fast approaching and Bank of the Islands has commemorative shirts available for sale. T-shirts and tank tops can be purchased at the bank's Sanibel office, located at 1699 Periwinkle Way, at the intersection of Casa Ybel Road.

"We are so proud to be joining the

Island Sun and the City of Sanibel as co-presenting sponsors of the 2019 Fourth of July parade. Helping with this popular island tradition is such a great way to show how much we appreciate being your island bank," said Willy Ocasio, Bank of the Islands' vice president and Sanibel-Captiva office manager. "Please help defray the parade expenses by buying these great T-shirts and tank tops while they last."

Islanders and visitors are invited to stop by during banking hours to choose their shirts. There are T-shirts and tank tops in a variety of sizes, priced from \$10 to \$12.✱

Summer Sunday Seminars In June

The annual Summer Sunday Seminar Series at Sanibel Congregational United Church of Christ (SCUCC) offers a chance to explore timely topics through talks, videos and discussion. Upcoming sessions will include a guest speaker and videos featuring a number of highly regarded theologians.

Each Sunday seminar is held at 9 a.m. in Heron Hall on the ground level of SCUCC, located at 2050 Periwinkle Way (across from Periwinkle Place Shopping Center). The sessions are free, and all are welcome to attend.

On Sunday, June 16, Michelle McKay of Global Ministries will be the guest speaker. As a mission co-worker with the ecumenical National Spiritual Council of Churches of Haiti, she teaches conversational English to high school students in Port au Prince. She is taking on a role supporting church projects throughout Haiti. Hosting and facilitating this seminar will be the Rev. Deb Kunkel, SCUCC's associate pastor. She is organizing an October trip to the Dominican Republic, the country that shares the island of Hispaniola with Haiti.

The following two weeks, June 23 and 30, focus on *Saving Jesus Redux*, a series of videos offering a progressive Christian view of "a credible Jesus for the third millennium." The June 23



Michelle McKay photo provided

program is Jesus Through the Ages. On June 30, the topic will be Who Was Jesus?

Contributors to *Saving Jesus Redux* videos include Brian McLaren, Diana Butler Bass and Robin Meyer, who join Marcus Borg, Walter Brueggemann, John Dominic Crossan, Amy-Jill Levine, Matthew Fox and a host of others for a conversation around the relevance of Jesus for today. The June sessions of the class will be facilitated by the Rev. Dr. John H. Danner, SCUCC's senior pastor.

For more information, call the church office at 472-0497 or visit www.sanibelucc.org.✱

In September of 1622, The *Nuestra Senora De Atocha*, carrying \$400 million worth of treasure fell victim to a crushing hurricane. Lost at sea for over 300 years until 1985 when Mel Fisher discovered the "Mother Load".

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American Legion Post 123

American Legion Post 123

is serving a Father's Day prime rib dinner this Sunday, June 16 from noon to 8 p.m. The following Sunday, June 23, barbecued ribs and chicken are on the menu from noon to 8 p.m.

There will be a retirement of flags ceremony at 6 p.m. on Flag Day, Friday, June 14.

Every third Thursday of the month is Open Mic Night from 6 to 9 p.m. All are welcome.

The 9 Ball Pool Tournament begins at 5 p.m. on Monday nights.

On Tuesdays, tacos are served all day. Spaghetti and meatballs are served all day on Wednesday. On Fridays, a six-ounce ribeye steak sandwich is on the menu. There are daily specials as well as half-pound burgers. Food is served from 11 a.m. to 8 p.m.

If you have a flag that needs to be retired, you can drop it off at Post 123.

American Legion Post 123, located at Mile Marker 3 on Sanibel-Captiva Road, is open Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m. The public is welcome. For more information, call 472-9979.**



Community Services Department director. He will discuss the city's post-storm recovery plan.

Harold Law, City of Sanibel building official. He will review city building codes.

Kathy Y. Monroe, FISH of SanCap program director. She will discuss special needs issues on Sanibel and Captiva.

Anyone unable to attend the seminar is encouraged to watch the video of it online at www.mysanibel.com a few weeks after the event.

"Hurricanes can happen during any month of the year," Roberts said at last year's seminar, noting that certain conditions need to be present. "You need the water temperature to be about 80 degrees."

Roberts also stressed the importance of heeding calls for an evacuation, especially when powerful storm surges are predicted. "I can tell you that a 15-foot storm surge is very unlikely, but a three- to five-foot storm surge can happen," he added. "Believe me, you don't want to get caught in that because one foot of standing water can move an SUV. They can be deadly."

The City of Sanibel is reusing the 2016 purple (residential) and tan (commercial) hurricane re-entry passes for 2019. Residents and business owners who do not possess a pass should apply for one at the Sanibel Police Department, located at 800 Dunlop Road. Visit www.mysanibel.com/emergency-management for more

information.

The Lee County Emergency Management Team will also take part in several free hurricane seminars, beginning on Wednesday, June 19. That seminar will be held at Cape Coral Public Library, located at 921 SW 39th Terrace in Cape Coral starting at 2 p.m. in the large meeting room. Also on Thursday, June 20, FISH of SanCap will host a seminar starting at 10 a.m. at The Community House on Sanibel. Finally, another hurricane seminar will be held on Thursday, June 27 at Habitat for Humanity, located at 1288 North Tamiami Trail in North Fort Myers starting at 6 p.m.

For additional emergency planning information, visit www.leeec.com.**

Hurricane Preparedness Seminar Friday

by Jeff Lysiak

Postponed from an earlier date, the City of Sanibel's annual Hurricane Preparedness Seminar will be held this Friday, June 14 beginning at 1 p.m. at The Community House, located at 2173 Periwinkle Way. The program is free and all citizens and businesses are encouraged to attend.

Sanibel Chief of Police William Dalton will lead the seminar and review the city's storm plans. Information shared by industry professionals will include how to prepare families and homes for hurricane season, how to use new hurricane-related technology and how Lee County's Emergency Management Team responds to hurricanes and other disasters.

This year's featured speakers will include:

Dave Roberts, the City of Sanibel's official weather consultant. He will provide information on hurricane formation, the categories of tropical systems and dangers of storm surge.

Lee Mayfield, director of Lee County Public Safety and Emergency Management. He will explain the county's responsibilities in dealing with tropical storm systems.

Sandra Tapfumaneyi, operations chief for Lee County Emergency Management. She will discuss family emergency planning.

Keith Williams, City of Sanibel



F.I.S.H. OF SANCAP WE NEED YOUR HELP

During the summer months, F.I.S.H. OF SANCAP experiences an increase in demand for social services as well as a decrease in our volunteer force; **but here are ways you can help our island neighbors. Contact us at 239-472-4775 to learn more.**

VOLUNTEERING FOR F.I.S.H.

Our volunteers are how we are able to assist so many island neighbors. F.I.S.H. volunteers spend time delivering hot meals to seniors, stocking our food pantry shelves, greeting clients in our Walk-In Center, on and off-island transportation to medical appointments, food donation pick-ups, and so much more. During the summer months, F.I.S.H. is need of additional help — please contact us to join our volunteer team!

FOOD DONATIONS

Making purchases and dropping off grocery and personal items at various locations to benefit the F.I.S.H. Food Pantry. We are always in need of canned meats, PB&J, mac & cheese, bread, milk and eggs.

FOOD DRIVES

Holding food drives on behalf of the F.I.S.H. Food Pantry Program by collecting much needed items to stock our shelves.



Marianne Edelman delivers meals to island neighbors

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Variance, Development Permit Approved

by Jeff Lysiak

During Tuesday’s Sanibel Planning Commission meeting, both a variance request and a development permit application were unanimously approved that will allow for the construction of a new single-family residence at 1555 San Carlos Bay Drive.

Marc and Melissa Yelenich, the owners of the property, were proposing to demolish the existing home and pool on site, which were built in 1979. They plan to redevelop the property with a new home with approximately 2,979 square feet of living area and 6,379 square feet of total floor area, in addition to an elevated swimming pool and deck.

A variance was being requested due to the residence being constructed above the city’s angle of light height limitation. According to Roy Gibson, senior planner for the city, the proposed residence conforms with the overall height limit of 35 feet. However, a “relatively small portion” of the rear of the building – along the top part of the second floor – will extend above the 20 foot high, 45 degree angle-of-light (AOL) height limit.

In his staff report presentation, Gibson noted that the projection contributes to the visual appeal and to the aesthetic of the building. “Removing the projection could have a deleterious effect on the overall appearance of the building,” he said. “Some of the proposed projection above the AOL height limit is due to the applicant’s redesign of the building to elevate the proposed ground floor, first floor and elevated swimming pool higher than the base flood elevation to further reduce the risk of flood damage or flood water intrusion.”

Following Gibson’s presentation, Commissioner Karen Storjohann questioned Marc Yelenich about his plans for demolishing the existing swimming pool on site. Yelenich stated that he plans on removing the pool within 60 days of receiving his development permit.

Concerned that an open pool might be a safety issue, Storjohann suggested that a barrier be added around the current structure. “That pool is visible, and we all

know that children have a habit of going where they’re not supposed to,” she said.

During the public comment portion of the hearing, Will McKiddie – who lives on Angel Drive across the canal from the subject property – asked to see the architectural renderings of the rear portion of the elevated pool. He also asked what kind of vegetation was being planned for the site. According to the site plan, the owners will be installing silver buttonwoods.

After some additional discussions, Commission Vice Chair Roger Grogman made a motion to approve both the variance request and development permit. Commissioners voted 6 to 0, with Commissioner Eric Pfeifer absent and excused, to approve both.

Later, commissioners decided to cancel their other meeting later this month, scheduled for June 25, since there were no pending public hearings. They will meet next on Tuesday, July 9 at 9 a.m. in MacKenzie Hall.✽

New Emergency Notification System

All Sanibel residents, business owners and island workers are encouraged to register for AlertLee, the new Lee County Emergency Notification System this hurricane season. AlertLee replaces CodeRed as the official emergency notification system to notify citizens of emergency information. You can sign up for free and update your information into the AlertLee system. Even if you previously registered in CodeRed, you need to complete a new registration for the county’s new AlertLee system.

When you register, you will be given the opportunity to register for Sanibel specific alerts issued by Lee County emergency managers. To sign up for these alerts, visit <https://member.everbridge.net/index/892807736729346#/signup>.

The AlertLee system is Lee County’s mass communication system. This system allows the county to send out rapid emergency notifications through different communication mediums, such as phone calls, text, email and social media. AlertLee is administered through

Lee County Emergency Management (LCEM). Citizens are alerted in situations pertaining to natural and manmade emergencies. For more information, visit www.alertlee.com for the official AlertLee website and www.leegov.com/publicsafety/emergencymanagement/ alerts for Lee County’s Notifications and Resources Page.

Per Lee County, the AlertLee system will be used in emergency situations such as severe weather, missing persons, evacuation notices, boil water notices, fire or floods, and active shooter situations.

The City of Sanibel Hurricane Seminar will be held this Friday, June 14 at 1 p.m. at The Community House, located at 2173 Periwinkle Way. No reservations are necessary, and all residents, business owners and island workers are encouraged to attend.✽

From page 1

Grand Marshal

time-honored tradition that means so much to our community and we feel honored to be named as grand marshal this year,” said Capt. Daniel Andrews, executive director of Captains For Clean Water. “The communities of Sanibel and Captiva have played a huge role in not only supporting our organization, but in spearheading efforts to restore water quality and raise awareness about the economic impact to communities around Florida. Their support is what allows groups like ours to exist.”

According to the organization’s website, Captains For Clean Water was founded in 2016 by a group of fishing guides and outdoorsmen from Fort Myers that “had enough of Florida’s poor water management practices.” The organization, which boasts a growing number of supporters based on the islands, expressed their happiness in taking part in this year’s parade.

“We’ve grown up fishing the waters of Sanibel and Captiva and making memories here with our families,” added Capt. Chris Wittman, program director. “To be named as grand marshal of the parade feels like we’re able to show honor and appreciation to a place that has given us so much.”

The Sanibel and Captiva Islands Independence Day Parade will begin at 9:30 a.m. at the intersection of Periwinkle Way and Tarpon Bay Road. The parade

route runs from Tarpon Bay Road down Periwinkle Way and ends at Casa Ybel Road. Parade judges will be stationed in front of Winds on Periwinkle Way (across from Palm Ridge Road).

Periwinkle Way will be closed from Donax Street to Tarpon Bay Road beginning at 9 a.m. and will reopen around noon. Parade viewers are encouraged to arrive early to secure their spots, and bring lawn chairs or blankets. Parking will be available at Jerry’s Foods, Sanibel Community Church, Tahitian Gardens Shopping Center, Forever Green/ACE Hardware, Sanibel Congregational United Church of Christ, Periwinkle Place Shopping Center, The Community House, Sanibel Square, The Village Shops, Palm Ridge Place and Bailey’s Center. Handicap parking will be available at Sanibel Community Park until 9 a.m.

Awards will be given in nine categories: Best Float-Commercial; Best Float-Small Entry; Best Float-Nonprofit; Best Float-Family; Best Nature Theme; Best Salute to the U.S. Military; Best Original Design; Most Patriotic; and Best Music.

Entry forms are available at Bank of the Islands and also published in the *Island Sun*. The commercial entry fee is \$30 and non-commercial is \$15. Deadline for entries is Monday, June 24. There will be a mandatory parade participant meeting on Friday, June 28 at 10 a.m. or 5 p.m. One representative from each entry is required to attend a meeting to receive instructions, their parade information packet and number assignment in the parade lineup. The lineup takes place from 8 to 8:30 a.m. on Island Inn Road; enter Island Inn Road from Middle Gulf Drive. Participants arriving after 8:45 a.m. will be placed at the end of the lineup. There is a 12-foot maximum height restriction for floats, and the use of devices such as water guns, launchers and hoses is prohibited during the parade.

The 29th annual Sanibel and Captiva Islands Independence Day Celebration T-shirts are now on sale at Bank of the Islands, located at 1699 Periwinkle Way. Tanks and T-shirts in light grey are available for \$10 each in sizes S to XL; \$12 for XXL. Artwork for this year’s theme, Seas The Day, was designed by Dave Drotleff.

For additional information about the 2019 Sanibel and Captiva Islands Independence Day Parade, call Trish Phillips at 246-2981.✽

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◆◆◆ Additional Information?? Contact Trish Phillips at 239-246-2981 ◆◆◆

◆◆◆ **Mandatory Parade Participant Meeting on Friday, June 28, at Bank of the Islands** ◆◆◆
(10:00 am or 5:00 pm)



Make Sure to Purchase Your 2019 Parade T-Shirts at Bank of the Islands



2019 Parade Categories

Best Float – Commercial	Best Float - Not-for-profit	Best Float - Family
Best Float - Small Entry	Best Salute to the U.S. Military	Most Patriotic
Best Nature Theme	Best Original Design	Best Music

Entries must be returned (with payment) BEFORE Monday, June 24, 2019

Register Early for Best Starting Position in Parade! Registration Date is the First Determining Factor in Entry Positioning

Parade Entry Form Return with Check **"No water to be sprayed by parade participants – Height Limit 12 ft"**

Name of Business or Organization: _____

Contact Person: _____

Mailing Address (required): _____

E-mail Address (required): _____

Daytime Telephone Number (required): _____

Number of Participants: _____

♪♪ Music ♪♪ Music ♪♪ Music ♪♪ Music ♪♪ Music ♪♪ Music ♪♪ Music ♪♪ Music

Live? (Yes) ____ or (No) ____ Boombox or Amplifier? (Yes) ____ or (No) ____

Other? _____

Physical Description of Float (Ex: P/U Truck w/8' trailer, Bicycles, golf cart, walking): _____

Name Email & Phone # of Person Attending Meeting on 6/28: _____

Line up the Day of the Parade will be between 8:00 am and 8:30 am on Island Inn Road
(Entries arriving after 8:45 am will be placed at the end of the Parade line up)

Historical Village Open During BIG ARTS Construction



Sanibel Historical Museum and Village
photo provided

The Sanibel Historical Village will remain open during the BIG ARTS construction project. The project will continue through the remainder of the historical village's season and into next season, but parking and access for village guests and volunteers will be available throughout that time.

The traditional entrance to the village has been closed off for the construction and a new, temporary entrance has been made available down the road to the west at what was the exit drive. That drive will now function as both an entrance and exit access. Clear signage has been added at both places.

The Sanibel Historical Village is operating on summer hours at this time. The village is open Tuesday through Saturday from 10 a.m. to 1 p.m. Full guided tours take place at 10:30 a.m. at no additional charge, depending on docent availability. The museum closes August 1 and reopens October 15. The village is located at 950 Dunlop Road (next to BIG ARTS) and there is handicap access to the buildings. Admission is \$10 for adults over 18; no charge for members and children. For more information or to make a donation, visit www.sanibelmuseum.org or call 472-4648 during business hours.*

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A Kemp's ridley sea turtle being released

photos provided

Endangered Sea Turtle Released By CROW

A Kemp's ridley sea turtle, one of the smallest and most critically endangered of all sea turtles, was released from the Clinic for the Rehabilitation of Wildlife (CROW) after accidentally ingesting a fishing hook.

The turtle was accidentally hooked by a fisherman on the Fort Myers Beach pier on June 4. Volunteers for Turtle Time, Inc. came to the aid of the turtle and transported it to CROW so that the hook could be removed. Veterinarians at the wildlife hospital anesthetized the turtle and were able to safely remove the hook by making a small incision in the neck. Using bolt cutters, they clipped the hook and removed the rest of the line through the mouth. The incision was closed and the turtle was tagged with flipper tags and a microchip.

After recovering from anesthesia and a brief period for observation, the turtle was cleared for release. It was taken to



Hook removal

the back bay waters of Fort Myers Beach via a boat provided by Turtle Time, Inc. volunteers. The turtle was released into the water near Mound Key.

If you accidentally hook a sea turtle, do not cut the line and release the turtle. Reel it in slowly and immediately contact the Florida Fish and Wildlife Conservation Commission at 888-404-FWCC (3922) or CROW at 472-3644 ext. 222.

To learn more about what to do if you accidentally hook a bird, visit www.mindyourline.org.✪

Hibiscus Show And Plant Sale This Sunday

The James E. Hendry Chapter of the American Hibiscus Society will hold its 68th annual Hibiscus Show and Plant Sale at Araba Shriners this Sunday, June 16 from 1 to 4 p.m.

"The event will showcase hundreds of different hybrid hibiscus blooms in a variety of colors and forms which will be judged in several different classes including amateur, collector, open collector, commercial and seedlings," said Jack Bernatz, president.

More than 600 hybrid hibiscus plants will be for sale and free raffle prizes will be given away every 30 minutes.

Members of the society who are experts in the care and growing of hibiscus will be available to provide advice. Several senior American Hibiscus Society judges will also be on hand to discuss judging criteria.

Anyone interested in learning more about how to grow, graft and hybridize



Imperial Dragon

photo provided

this attractive tropical flowering plant can do so by joining the James E. Hendry Chapter, American Hibiscus Society at the show. The show is the last meeting of the society until October. There is no charge for parking or admission but early arrival is suggested for best selection as these hybrids tend to sell out quickly.

Araba Shriners is located at 2010 Hanson Street in Fort Myers. Visit www.hendrychapterhibiscus.com for more information.✪

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Walks depart at 9 a.m. every day, from the Island Inn. Advance reservations are required. Register online at:

SHELLMUSEUM.ORG/BEACH-WALK

Plant Smart

Shellflower

by Gerri Reaves

Shellflower (*Alpinia zerumbet*) is a nonnative clump-forming groundcover that spreads via rhizomes, root-like horizontal stems.

This fast-growing perennial is a member of the ginger family and native of tropical Asia.

Superficially, it resembles bamboo, with thick arching stems arising from a rosette. It is typically used as an accent, groundcover or container plant.

The waxy dark green leaves are blade-like, up to two feet long and five inches across. They emit a gingery odor when crushed, thus the alternative common names, shell ginger or shell ginger lily.

The showy clusters of flowers appear at the ends of stalks above the foliage.

Each drooping flower measures about an inch long.

The outer petals resemble pink-tipped closed shells, earning the species yet another name, pink porcelain lily.

They open a few at a time, expanding to an exotic flower with a protruding lip with vivid yellow and red markings.

They bloom mainly in spring and summer and are pretty for weeks.

The brown many-seed fruit is inconspicuous.

Shellflower prefers partial shade and plenty of moisture. It is moderately salt and drought tolerant, cold sensitive and



Porcelain-like outer petals and the lip's vivid color are the plant's notable ornamental features

photos by Gerri Reaves

pest resistant. In good conditions, it can grow to more than six feet tall.

In Asia, the plant is used in the production of fiber and paper.

It can be propagated by dividing the rhizomes and with seeds.

A variegated cultivar with green and



Shell-like clusters of flowers inspire several common names for non-native shellflower

yellow leaves is also popular.

Sources: *500 Plants of South Florida* by Julia F. Morton; *Florida Gardener's Guide* by Tom MacCubbin and Georgia B. Tasker; *Florida, My Eden* by Frederic B. Stresau; *Florida's*

Fabulous Flowers by Winston Williams; *Waterwise: South Florida Landscapes*; www.floridata.com; and <http://hort.ufl.edu>.

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Summer Heat Has Arrived



by Capt. Matt Mitchell
 Summer has really kicked into high gear this week with morning coastal showers brought on by westerly winds that has caused a disturbed atmosphere.

Fast-moving rain was easy to dodge most days if you kept your eyes to the sky and radar on your iPhone. With no lightening, these showers were a refreshing cooling-off from the oppressive heat.

We sat in non-stop rolling fish for hours and saw no hook ups several mornings while on a tarpon trip this week. Some days, we had to wait to get that perfect shot while moving around on the trolling motor to the slow-moving fish. Other days, it was just a matter of soaking cut baits and being patient. Sitting in rolling tarpon and watching them all around you is just part of tarpon fishing. When set up in these fish, you know you are in the right place and hopefully they decide to feed. All of a sudden for no rhyme or reason for a very short period of time, they will decide to eat. That's when three or four boats hook up.

Mangrove snapper fishing just keeps getting better with the deeper passes, including Captiva and Boca Grande

producing lots of limits. Small pinfish, shiners and shrimp dropped to the bottom have been giving anglers non-stop action. These fish have very good eyesight, so the smaller the hook and lighter the leader, the better. These fish have not been huge, but your average fish is still 12 inches-plus. These snapper stay in here all summer long and are a great option during periods of slow-to-no tides or when you just have to bend the rods and send clients home with dinner.

Mangrove fishing with shiners produced snook, more mangrove snapper and a few redfish most trips this week. With switching wind directions almost daily, this took a little more effort than usual this week. The south end of Matlacha Pass continues to be my go-to area with lots of action very close to home. Free-lined live shiners are the bait of choice for this.

With our water temperature hovering right around 90 degrees, it's been harder to keep our shiners alive due to this heat and low oxygen content. One solution is to start the day off with much less bait than I usually do. By putting only a couple of hundred baits onboard to start the day and not blacking it out, the shiners seem much happier and make it all day. Giving them more space in the live well gives them more oxygen. Once you do have a few shiners start to die off, it can go down hill quickly as it starts a chain reaction.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com.✪



Teresa, visiting from Ohio, caught a "Pine Island Slam" while out fishing with Capt. Matt Mitchell this week
 photo provided

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Dave Doane

CROW Case Of The Week:

Animal Ambassadors



by Bob Petcher

Animals that do not fully recover from injuries or illnesses and cannot be returned to the wild because of their non-releasable conditions can still live a productive life.

At CROW, these critters are given a second chance as wildlife ambassadors and are employed during presentations and programs. This new role allows children and adults to get up close and personal with animals from around the world.

CROW began its Animal Ambassador program in 2012 to provide an educational home for these creatures. The clinic's rehabilitation staff spends countless hours training and building trust with these animals so they can remain relaxed around crowds.

"The animal ambassadors CROW currently uses during programs in the Visitor Education Center or offsite at outreach events include Mina, a great horned owl; Talon, a red-tailed hawk; Lola, an American kestrel; and GiGi, a Virginia opossum," said Rachel Rainbolt, CROW's education and development manager. "Sheldon, a gopher tortoise, is



GiGi

photos by Brian Bohman

now a "former" ambassador. Last summer, to everyone's surprise, he began digging again, something he had not done in three years and was thought to not be able to do because of his injuries. After receiving approval from the state authorities, he was released to a starter burrow at a preserve in Manatee County."

While not fully capable of living in the wild, these "team members" transition from forager to educator.

"Animal ambassadors have received debilitating injuries resulting in their inability for release. These types of issues can be anywhere from broken wings like Lola and Talon, to missing appendages



Lola

like Mina or GiGi. These wild animals will, therefore, spend the remainder of their lives on CROW's campus and are under close supervision of its staff, students and volunteers at all times," said Rainbolt.

"These members of our education team help CROW to foster positive interactions with wildlife and the public in a monitored environment. Education improves a person's awareness of these animals' intrinsic value and increases their appreciation for the connection between humans, animals, and the environment."

CROW officials believe education is an integral part of the nonprofit organization and essential to its mission.



Mina

Many ambassadors are sent to exhibition facilities to teach audiences of all ages the importance of respecting wildlife.

"Sometimes it can take an upward of six months working with people before animal ambassadors are ready for exhibition, so 'human conditioning' training is crucial to their wellbeing," said Rainbolt. "Whether located in the Visitor Education Center or alone with their handlers, these animals spend a part of each day around people. These sessions conclude with positive reinforcement, such as a favorite food item. As ambassadors become more comfortable with smaller

continued on page 36



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Shell Of The Week

The Bales Vitrinella



by José H. Leal, PhD, Bailey-Matthews National Shell Museum Science Director and Curator

Originally described from the east coast of Florida and Florida Keys,

Pseudomalaxis balesi Pilsbry & McGinty, 1945 is another member of the microgastropod family Tornidae found along the coast of Southwest Florida. Larger shells of the species reach only 1.8 mm (about 0.06 inch). As with many vitrinellas, its shell is disk-shaped, compressed, but the whorl profile in this species is squarish (edges of shell are squarish in side view). The shell sculpture consists of fine spiral lines and strong, widely spaced radial ribs. The color is whitish or partially translucent. The shell illustrated was collected in 2002 by Lois Dunnam on Sanibel Island. Read more about local mollusks at www.shellmuseum.org/southwest-florida-shells and www.shellmuseum.org/blog.

Shell Museum Events

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The Bales Vitrinella, *Pseudomalaxis balesi*

Tank Talk. Take a daily beach walk. Check out our family programs. We are the only natural history museum in North America devoted entirely to shells. Visit and let us inform and

photo by James F. Kelly.

inspire you!

The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.

Shell Found



Brian Grieb photo by Mark Grieb

Brian Grieb, 27, visiting from Lincoln, Nebraska, found his first junonia on June 2. The shell was found buried during low tide near the Sundial Beach Resort & Spa. He also found two alphabet cones, a horse conch and a large shark's eye the same day. Grieb and his family have been coming to Sanibel for 28 years and this is the first junonia found after many years of searching.

Email editorial copy to: press@islandsunnews.com

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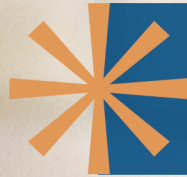
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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact the Visitor Education Center at 472-3644 ext. 229 or reservations@crowclinic.org. Hours are 10 a.m. to 4 p.m. Monday through Friday. Daily presentations and Wildlife Walk hospital tours are offered Monday through Friday at 11 a.m. CROW is located at 3883 Sanibel-Captiva Road.

Friday, June 14, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Friday, June 14, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Why Animals Come to CROW (daily presentation).

Whether animals are sick, injured or orphaned, CROW aims to lead in their recovery. From fishing line entanglement to abducted babies, this presentation will address the most likely reasons patients are admitted to the hospital.

Monday, June 17, 11 a.m. to 12:30 p.m., \$25 per person, advance



registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Monday, June 17, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – CROW Case of the Week (daily presentation).

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories. One of CROW's animal ambassadors will be present.

Tuesday, June 18, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Tuesday, June 18, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Gopher Tortoises (daily presentation).

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from southern Georgia to southeast Florida. Because of its contributions to the ecosystem, it is classified as a keystone species. CROW's presenter explains why they are admitted and how the medical staff treats this species. One of CROW's animal ambassadors will be present.

Wednesday, June 19, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Wednesday, June 19, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under: no charge – Patient Profiles: Virginia Opossums (daily presentation).

Virginia opossums are the only marsupial, or pouched mammal, native to the United States. They are highly adaptable animals and can live in a variety of habitats, both natural and human made. Although it may not be obvious to some

people, opossums are a unique member of Florida's wildlife, playing an important role in the function of a healthy ecosystem. One of CROW's animal ambassadors will be present.

Thursday, June 20, 11 a.m. to 12:30 p.m., \$25 per person, advance registration with payment required – Wildlife Walk with Rehabilitators and Staff hospital tour.

Wildlife Walks are approximately 1.5 hours: a 45-minute presentation with a 45-minute tour. Not recommended for children under the age of 13. Photography opportunity following the tour with an animal ambassador.

Thursday, June 20, 11 a.m., adults: \$12, ages 4 to 12: \$7, age 3 and under no charge – Patient Profiles: Birds of Prey (daily presentation).

Raptors are birds that prey on other animals in the wild to survive. Their specialized beaks and talons make them some of the most effective hunters. This presentation discusses the unique adaptations of the native and migratory raptors of Florida. One of CROW's animal ambassadors will be present.✪

Local Named To Dean's List

Rachel Elizabeth Campbell, a resident of Sanibel, has been named to the Dean's List for the 2019 spring semester at Elon University, located in Elon, North Carolina. Campbell is the daughter of John R. and Kathleen N. Campbell.✪

Community Housing & Resources is excited to continue our fundraising series

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<p>MAY 8</p> 	<p>MAY 22</p> 	<p>JUNE 5</p> 
<p>JUNE 19</p> 	<p>JULY 3</p> 	<p>JULY 17</p> 
<p>JULY 31</p> 	<p>AUG 14</p> 	<p>AUG 28</p> 

MAY 1, JUNE 5, JULY 3 AND AUG 7

JOIN US FOR WINE WEDNESDAYS

On the first Wednesday of each month, a portion of all Wine Sales at Bailey's General Store will be donated to CHR!



Tournament Raises Funds For Water Quality

The RS Walsh Landscaping team held their 5th annual Sanibel Causeway Fishing Tournament on May 4. Approximately 100 employees and family members attended the event. The catch and release tournament was held to raise awareness of water quality issues and to thank the RS Walsh team for their hard work. Proceeds totaling \$2,400 will be donated to the Sanibel-Captiva Conservation Foundation (SCCF) and Captains for Clean Water.

"We chose SCCF and Captains for Clean Water to receive this year's donation to fund the great work both are doing to raise awareness and help fund water quality issues particularly in Pine Island Sound," said Robert Walsh, owner of RS Walsh Landscaping. "Great fishing, food and fun was had by all. Thanks also goes out to all our clients that help support these important issues."

Guests had a shrimp and crab boil,



RS Walsh Landscaping team

hamburgers and hot dogs, cooked by RS Walsh supervisors and foremen and had the opportunity to get out on the

water with seven local fishing guides and experience back bay fishing around the islands. There was also a shore

fishing category. Prizes were awarded for longest snook, longest redfish, longest catfish, top boat and mystery fish.*

photo provided

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The Community House

Blueberries



by Resident Chef Jarred Harris

Blueberries are one of my favorite summer fruits. They are extremely versatile and can be eaten by themselves as a healthy snack or used in pies, pancakes, salads or refreshing drinks. This delicious fruit is closely related to the azalea, cranberry and rhododendron. With a colorful history dating back 13,000 years, blueberries are one of the few fruit species native to North America. There are two types of blueberries: highbush and lowbush. Highbush blueberries are the types commonly found in grocery stores and farmers markets. Lowbush blueberries are smaller, sweeter and often processed into juices and jams. There are several species of blueberry, including bilberry, farkleberry, cowberry and sparkleberry. Huckleberries are sometimes referred to as blueberries, but they are completely different berries. Native Americans harvested blueberries for hundreds of years before European colonists arrived in the Americas. They

ate blueberries fresh and dried them for winter storage. They taught the colonist the benefits of harvesting and preserving blueberries as well as their health benefits. Blueberries are a good source of dietary fiber and vitamins K, A and E. Blueberries also contain powerful antioxidants and minerals such as iron, manganese, phosphorus and potassium. The health benefits of blueberries include reducing risk of cancer, help in reversal of age-related memory loss, lowering blood pressure and improving motor skills. They also boost heart health, lower cholesterol and promote weight loss. This amazing fruit also helps to enhance mood and is used as a natural anti-depressant. Here is an interesting recipe to try: **Blueberry and Corn Crisp**
Ingredients
For the filling:
5 cups fresh or frozen blueberries
1/3 cup sugar
Zest and juice of 1 lemon
1 tbsp. cornstarch
1/4 tsp. kosher salt
For the crisp:
2/3 cup almond flour
2/3 cup cornmeal or polenta
1/3 cup sugar
1 tsp. kosher salt
10 tbsp. chilled unsalted butter, cut into 1/4-inch pieces
1 cup fresh or frozen sweet corn
Method
To prepare the filling: Toss the blueberries, sugar, lemon zest, lemon juice, cornstarch and salt in a shallow 2-qt. baking dish.
To prepare the topping: Preheat oven to 375°. Whisk the almond flour,

cornmeal, sugar and salt in a medium bowl.
Using your hands, work butter into the dry ingredients until the mixture holds together when squeezed. Add the corn and toss together. Sprinkle the mix over the filling. Bake for 50 minutes or until the topping is crisp, golden brown and the

juices are thick and bubbling.
Resident Chef Jarred Harris heads the Culinary Education Center at The Community House on Sanibel. For volunteer opportunities or questions, contact him at kitchen@sanibelcommunityhouse.net or call 472-2155.✪



Horse conch

photo provided

Seashell Sale Open To Public

submitted by Joyce Matthys

They've come to Captiva from as far away as Australia, China, Argentina, Indonesia, The Philippines and Taiwan with one purpose in sight – to participate in “The Bourse,” the largest seashell sale in the area since 2014. That

is when the Conchologists of America held their annual convention at Punta Rassa. Shell dealers from Hawaii, California, Washington, New Jersey, Maryland, North Carolina and from around Florida will also be a part of this popular event at South Seas Island Resort Convention Center. The Bourse will be open on Saturday, June 22 from 1 to 8 p.m. and on Sunday, June 23 from 9 a.m. to 2 p.m. There is no admission charge and it is open to the public.✪

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Sanibel Sea School summer camp counselors, back from left, Isaac Maxwell, Cameron Garcia and Emma Neill. Front from left, Cathy Han, Brianna Machuga and Audry Paul. photo provided

New Camp Counselors At Sea School

submitted by Leah Biery

Sanibel Sea School recently welcomed 2019 summer camp counselors to the organization. With a variety of educational

backgrounds and interests, the group will combine their skills to create an outstanding experience for camp participants.

Cameron Garcia studied marine science and geology at FGCU and is an avid freediver. Cathy Han attends Middlebury College and is majoring in economics. She also sings operatic music. Brianna Machuga studies conservation biology at Kent State University and has worked in numerous

state and national parks. Isaac Maxwell enjoys reading and is studying to become a teacher.

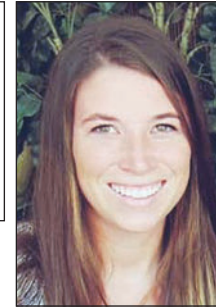
Also joining the team from Middlebury College is Emma Neill, who is studying conservation biology when she is not competing on the school's national championship winning water polo team. Audry Paul attends Mercer University, where she is a holistic child major studying elementary and special education. She is a snorkeling

enthusiast.

Elly Rundqwist, who is a communications and marketing major at Boston University, will serve as the summer camp photographer.

Sanibel Sea School is a 501(c)3 nonprofit whose mission is to improve the ocean's future, one person at a time. Summer camp runs through August, with programs for children ages 4 to 18. Scholarships are available. To learn more, visit www.sanibelseaschool.org.✱

Nature's Light Show



by Kealy McNeal

As we enter the summer months, we have a chance to enjoy the liquid light show that comes from single-celled, light-emitting organisms called dinoflagellates. Relatively rare in Sanibel's waters, the best opportunity to observe bioluminescence comes five days after the full moon, when the water is warm and the sky is dark.

For an up close and personal

experience, we recommend doing so from a paddleboard or kayak. With each paddle stroke, you will ignite a small nuclear explosion that results in a bluish glow on the water's surface. It is a truly amazing thing to witness, and should be on any Southwest Florida paddler's bucket list.

If you choose to explore at night, have fun but please do so safely. Make yourself visible to other vessels on the water by illuminating your vessel with glow sticks or LED lights. Whether paddling before or after sunset, it is always safer to paddle with a friend and leave a float plan behind. If you paddle alone, it is extremely important to tell someone where you plan on going and for how long.

Ocean Tribe Paddlers is a branch of Sanibel Sea School that helps the local paddling community better explore, enjoy and understand the ocean. Visit www.oceantribepaddlers.org, or follow on Facebook or Instagram to learn more.✱



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Shrimp Boil with Sweet Corn and New Potatoes

1½ pounds large shrimp (peeled and deveined, if desired)

5 ears sweet corn, husked and cut in half

1 large tomato, diced small
1 pound potatoes (peeled, if desired)
1 pound cooked smoked sausage, cut into 1-inch pieces

1 cup seafood boil seasoning mix
3 lemons, cut into wedges
1/4 cup olive oil

1/2 cup fresh parsley, chopped fine
Sea salt and fresh ground pepper, to taste

Preheat a large pot over medium-high heat. Fill with water until about 2/3 full and add 3/4 cup seafood seasoning. Add sausage and potatoes, bring to a slight boil and cook for 8-10 minutes. Next add corn and simmer for 5 minutes. Lastly



Shrimp Boil with Sweet Corn and New Potatoes

add shrimp and simmer for 3-4 minutes, or until cooked through. Drain the liquid and pour shrimp boil onto a large platter. Lightly season with the remaining seafood seasoning and drizzle with olive

oil. Garnish the shrimp boil platter with the diced tomato and parsley. Serve with lemon wedges, melted butter and hot sauce, if desired.✱

photo courtesy Fresh From Florida

LIVE ON THE ISLANDS

Island Cow on Periwinkle Way has live entertainment on Friday with Dan Confrey. Peter Redpath plays on Saturday. On Sunday, it's Dan Confrey.

The Jac Sanibel Island Bar & Grille has live entertainment on Friday with Quenten. Renata Band plays on Saturday. On Sunday, it's Tony G. and The Doc. Ray and Natasha perform on Monday. Paul Rozmus plays on Tuesday. N2L Trio performs on Wednesday. On Thursday, it's James Prather.

Traditions on the Beach at Island Inn has live entertainment on Friday with Woody Brubaker and Marvella Marzan. Dusk Duo performs on Saturday and Wednesday. On Thursday, it's Jazz Night with Woody Brubaker.

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Photographed on June 3 at 12 days of age, this snowy plover chick is still alive and being tended to by its father. The females often leave at this point to try and find another mate to nest again.

photos courtesy SCCF

Shorebird Status Still Uncertain

by Jeff Lysiak

The spring and summer months are the most active period for nesting shorebirds and their offspring, which for birding enthusiasts is a very exciting time on the islands.

However, early reports on the status of Sanibel's populations of snowy plovers, Wilson's plovers and least

terns indicate that there may be cause for concern for the future of these shorebirds.

"As for our snowy plovers, we lost several of our birds during red tide last year," said Audrey Albrecht, shorebird biologist for the Sanibel-Captiva Conservation Foundation (SCCF). "While we're still awaiting the necropsy results from FWC (Florida Fish & Wildlife Conservation Commission), I can say confidently that we lost three adults in 2018."

According to Albrecht, two



Pair of snowy plover chicks at 2 days old. Only one remains now.

Sanibel-based snowy plovers died during last summer's red tide incident. Another plover – which had been banded on the island but had relocated to Lido Key – also perished.

As for the lone snowy plover fledgling of 2018, it was found sick on Fort Myers Beach before being transported to the Clinic for the Rehabilitation of Wildlife (CROW) for treatment. It passed away in September and SCCF has not received official necropsy results from FWC.

However, things are looking up thusfar in 2019, with three nesting snowy plover pairs producing offspring.

The first nest, which yielded three

eggs, was abandoned. The male (unbanded) disappeared, causing the female (also unbanded) to abandon her offspring. Unprotected by the parents, the nest soon filled in with sand.

A second nest, offspring from an unbanded male and the female banded Blue/Blue, produced three eggs. Two of those hatched on May 22. As of June 7, one chick remains and is doing well.

"Blue/Blue was banded as an adult near the Sanibel Lighthouse in January 2017," explained Albrecht. "She lost one nest to Tropical Storm Alberto in May 2018, and her second nest was eaten

continued on page 28

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Group Trip To Israel Joins Two Congregations

submitted by Barbara Freeman

Earlier this spring, a group of 40 adventurous travelers headed to Israel for a tour presented jointly by Bat Yam Temple of the Islands and Sanibel Congregational United Church of Christ (SCUCC). As it turned out, the group was divided nearly equally between the congregations.

The Rev. Dr. John H. Danner, senior pastor of SCUCC, and Rabbi Dr. Stephen Fuchs of Temple Bat Yam both helped plan the ambitious tour itinerary and traveled with the group. Throughout their time in Israel, they offered insights and provided opportunities for discussion.

“Our hope in taking this trip was to help build an even stronger bond between our two congregations, while learning about Israel’s history and current situation,” said Danner. “One of the real delights of the trip was how wonderfully folks interacted with one another.”

Rabbi Fuchs agreed, saying, “I had high expectations for the trip, and the reality of our experience exceeded them. It was a joy to interface with John in leading this tour, and the logistical support of Barry Roth and Alan Lessack were invaluable.”

The tour, which offered guided visits and unparalleled experiences in legendary locales, was the result of many months of collaborative effort. According to Roth, a Bat Yam congregant and tour participant who played a major role in organizing the myriad details, “This trip accomplished several goals, among them a deeper understanding of Judaism and Christianity, a successful accomplishment of an itinerary packed with events from morning through evening, and the wonderful result of meeting many new friends, which I cherish.”

Although most of the travelers went directly from Miami to Ben Gurion Airport in Tel Aviv and arrived early on April 30, several made their way via different



Rabbi Stephen Fuchs and Pastor John H. Danner at the Mount of Olives in Israel
photo by Roy Gibson

routes and at different times. On their first evening together, the group met for dinner at a restaurant overlooking Jerusalem’s Old City Walls.

The tour proper began the following morning with a visit to excavations of Jerusalem dating back to the time of King David. The group entered the Old City at Zion Gate and explored the ancient Jewish Quarter and the Kotel Tunnels.

The next day’s features included a guided tour of Bethlehem, with the Church of the Nativity. Back in Jerusalem, the group visited Mount of Olives holy sites, including the Garden of Gethsemane and the Church of the Holy Sepulcher. On Mount Zion, they saw David’s Tomb and the Last Supper Room. They had free time to wander through the colorful Arab bazaar. That evening, they enjoyed the *Tower of David Night Spectacular* show in the Old City.

On May 3, guides provided a tour of the Yad VaShem World Holocaust Remembrance Center and a geo-political tour of Jerusalem. The travelers also experienced the colorful open-air marketplace. A highlight was the Kabbalat Shabbat worship at Congregation Har-El, where Fuchs preached and Danner offered greetings to the congregation. Following



Caesarea was a stop on the group tour to Israel planned jointly by Temple Bat Yam and Sanibel Congregational UCC
photo provided

the service, they attended a home hospitality “Shabbat of a Lifetime” dinner.

Saturday provided outdoor adventures: a trip to the Judean Desert, with cable cars to the summit of Masada for a tour of Herod’s desert mountaintop fortress. That was followed by an opportunity to float effortlessly in the ultra-salty Dead Sea and relax at a beachfront spa.

On Sunday, after a service at the Lutheran Church of the Redeemer in Jerusalem’s Old City, the group viewed the Dead Sea Scrolls and much more at the Israel Museum. They then headed to Galilee, stopping on the way at the site of Jesus’ baptism and the location where the Israelites crossed the Jordan River after their 40-year journey from Egypt. They traveled along the Jordan River Valley and viewed the Sea of Galilee and the Mount of Beatitudes. A cruise on the Sea of Galilee concluded with dinner at a waterfront restaurant in Tiberias.

The following day, they explored the historic center of Jewish mysticism in the Galilean highlands, met with a Kabbalistic artist, explored the Golan Heights in an off-road Jeep tour, and viewed Israel’s neighbors from the summit of Mt. Ben-Tal.

On their final Tuesday, they enjoyed a walking tour of Nazareth and the Church

of the Annunciation. They toured a spice farm in Bethlehem and explored a restored Templar Colony village. They also visited Caesarea, Herod’s Roman amphitheater and grand palace on the beach, as well as Herzlia, Israel’s innovation hub on the Mediterranean Sea.

On May 8, Israeli Memorial Day, they visited a secret underground munitions facility where pioneers who helped establish modern Israel are honored. A cross-cultural encounter with Israel’s Ethiopian community included a cooking workshop and a traditional Ethiopian-style lunch.

That same day, during a visit to Netiv HaAsara on the frontier with Gaza, the group visited with a woman who, as a ceramic artist, has created an interactive peace project on the border wall where rocket attacks regularly occur.

In one of his daily blog posts during the trip, Danner wrote that “she has made it her mission to invite thousands of folks to come to the border and use the tiles she has created to make a mosaic mural on the very walls that provide a measure of temporary safety to her community. The wall faces Gaza, and the message she has enabled there in bright, colorful tiles can

continued on page 34



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Families can register for summer reading throughout the month

photos provided

Sanibel Library Launches Summer Reading Program

Sanibel Public Library invites all children, from babies-to-teens, to register for the summer reading program. Participants will receive a special gift (quantities are limited). The theme for this summer's program is A Universe of Stories in commemoration of the 50th anniversary of the Apollo 11 moon landing.

As in years past, children will read to earn books for their home library and for patients at Golisano Children's Hospital of Southwest Florida. The Sanibel Public Library Foundation matches each book "earned" with a book for patients at the children's hospital. Since its inception in 2012, participants have helped to contribute more than 8,000 books to the hospital.

The library's Summer Reading Program is funded in part by a grant from the Sanibel Public Library Foundation's Joan Hunt Cory Children's Fund. The Children's Fund was established in 2008 to honor longtime library volunteer and supporter Joan Hunt Cory, who was also a 20-year Sanibel resident.

Instead of paper logs for tracking reading and activities, the library offers the free Beanstack app. Sign up from a smart phone or computer, or stop by the Library for help.

Windell Campbell knows how to tell a story. Listen to and possibly participate with this master storyteller as he weaves modern and classic tales at 3 p.m. on Tuesday, June 18. On Tuesday, June 25, stop by for comedy, magic and balloon sculpting with Showtime for Kids at 3 p.m.

On Mondays in June, stop by the library at 1 p.m. for family-friendly movies (some are rated PG-13; check the library's online calendar for list of films).

If you love dogs and books, you can

read to Bessie, a bearded collie and trained reading education assistance dog. At 2 p.m. on rain-free Tuesday afternoons, children can signup on-the-spot.

Family Storytime (for babies to age 5) is held at 11 a.m. on Wednesdays this summer at the library.

Sixth through 12th graders are invited to VIP After-Hours gatherings on Wednesday evenings in June from 6 to 7



Master storyteller Windell Campbell entertaining a crowd of youngsters

p.m. All VIP evenings feature snacks and games.

No registration is required for weekly children's summer programs, which run through July 24.

During the summer, the Sanibel Public Library's hours change, the library is open from 9 a.m. to 1 p.m. on Saturdays in June, July and August.

The library will also present STEM experiences in June, including Virtual

Reality programs on June 14 and 28.

Experiment with the HTC Vive VR System and Oculus Go headset from 10 a.m. to noon on Friday, June 14. The full event schedule is on the calendar at the library's website at www.sanilib.org.

Sanibel Public Library cards are available to all residents of Sanibel and Lee County at no charge. Visitor library cards are available for a \$10 annual fee. For more information, call 472-2483.*



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Book Review

Redemption

by Di Saggau



Redemption is David Baldacci's latest Memory Man thriller. If you are a fan, you will remember Detective Amos Decker, a man with perfect recall initiated

by a wicked blindside hit on an NFL playing field years ago, that triggered a traumatic brain injury. He awoke from a coma with the ability to remember everything and the inability to forget anything. It seems like a wonderful attribute, but there was a distinct downside to his condition. Painful memories could not be erased.

The book opens with Decker visiting the gravesite of his daughter Molly on what would have been her 14th birthday. Molly was brutally murdered four years ago in their home, along with his beloved wife, Cassie, and his brother-in-law. He is approached by a man he'll never forget: Meryl Hawkins, his first homicide arrest more than 12 years ago. Hawkins had been serving a life sentence, but was recently released due to a terminal illness. Hawkins tells Decker that he never committed the murders. Decker begins to question himself and looks into the old evidence.

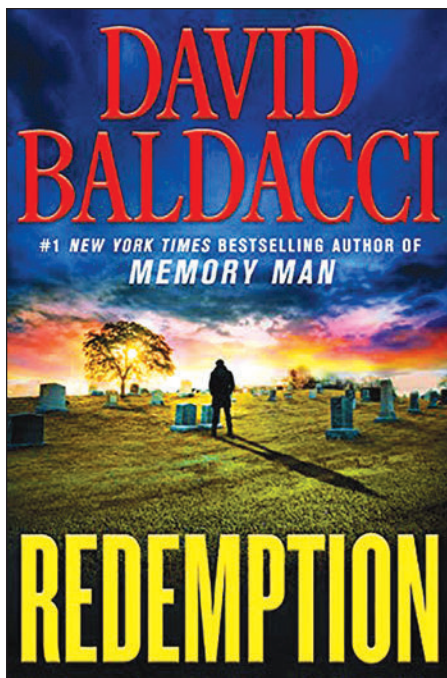


image provided

When Hawkins is killed along with others connected with the case, Decker is determined to uncover the truth, regardless of the personal cost. It becomes clear that someone doesn't want the old case reopened, someone who is willing to kill to keep the truth buried and hide a decades-old secret that may have devastating repercussions.

As Decker and his former partner, Mary Lancaster, dig deeper, it looks as though there's a lot more to what

they thought was a closed case. At one point, they start to think the case involved money-laundering but soon they realize it goes way beyond that. Two characters who become a personal threat to Decker are Detective Blake Natty and Superintendent Peter Childress. Both are outrageous and slightly unbelievable characters.

I have always enjoyed Baldacci's books and while it was interesting

watching Decker look for possible mistakes in his old case, in my opinion, *Redemption* does not quite live up to the earlier Memory Man novels. As much as I have liked Amos Decker, it might be time for a new hero or heroine. That being said, *Redemption* has been on the best seller list, so a great many people are reading it. I'm not sorry I did, but felt I should add that one caveat.*

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley,

Now that summer is here and the kids are out of school, I want to make sure that they read every day, but I don't want reading time to be boring. What suggestions do you have that might make reading more of an adventure? Fortunately, my kids like to read but I still have to remind them as they can get absorbed in their screens and other things very easily.

Heather T., Fort Myers

Heather,

It's great to hear that you want to ensure that your kids are reading this summer. Reading every day is critical for maintaining reading skills and increasing vocabulary and comprehension. Below you will find some suggestions from Darby Evans, an associate program director at Notre Dame's Center for Literacy Education. These suggestions are grouped by age.

For young children, she recommends creating a special space for reading by creating a reading nook with a beanbag chair or fluffy oversized pillows. Some kids might really enjoy a reading tent as well, which can be purchased online. A comfy, cozy place to read can create wonderfully positive associations with literacy for any age child.

Preschool: Build a blanket fort or a reading tent exclusively for reading. Tell your child no screens are allowed inside and dedicate an evening at least once a week to a reading adventure trip. Bring picture books, snacks and have fun reading together in this cozy space.

Grades K-2: Give your child the wildly fun *Bookworm Journal*, which allows kids to tear off a perforated corner of each page to see the bookworm "eat" his way through the journal. This is how it works; every time you and your child finish a story, fill out a journal entry with the title, author and rating of the book. Then, tear off the perforated corner of each page to see the bookworm "eat" his way through the journal. Not only does the *Bookworm Journal* promote lifelong reading habits, but it helps parents and children maintain a reading routine whether it's before bed, playtime, naptime or whenever the bookworm

works up an appetite. Children will crave reading time once they get a "taste" of this clever book log.

Grades 3-5: Give your child a bookstore gift card and a tote bag and allow them to fill the bag with books of their own choosing. You will enjoy seeing their choices.

Grades 6-8: Schedule a family movie night to watch a movie based on a book that your child reads first. *The Harry Potters Series*, *The Hunger Games*, *The Giver*, *A Wrinkle in Time* and *The Chronicles of Narnia* are all great books to read and then watch as a family. It will be interesting to find out if your kids preferred the book or movie. You should have some great discussions with this activity.

Grades 9-12: This one is about paying it forward. Throughout the summer, ask your high school student to pick out their favorite picture book from their childhood and arrange to take them to a local literacy center to read the book to a child in need or just to kids in the family or neighborhood. Ask the older kids to assess the younger kids' reactions to the book. You'll appreciate their observations.

Many years ago, the National Council on Reading put out a poster that said Reading Is Fun! I think the message still holds true.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

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Top 10 Books On The Island

1. *Little Fires Everywhere* by Celeste Ng
 2. *Peacock Emporium* by Jojo Moyes
 3. *Guest Book* by Sarah Blake
 4. *Night Tiger* by Yangsze Choo
 5. *Huntress* by Kate Quinn
 6. *Overstory* by Richard Powers
 7. *Clock Dance* by Anne Tyler
 8. *Past Tense* by Lee Child
 9. *Lost Roses* by Martha Hall Kelly
 10. *Sanibel Flats* by Randy Wayne White
- Courtesy MacIntosh Books and Paper.*

ISLAND SUN BUSINESS NEWSMAKERS

VIP Realty Group



Tina DiCharia and Glen Simmons

The top producers at VIP Realty Group for May were: the team of Glen Simmons and Tina DiCharia, top sales; Charles Sobczak, top listings; and Mary Lou Bailey, top producer.✪



Charles Sobczak



Mary Lou Bailey with Jackie O and Murphy

John Naumann & Associates



Linda Naton



Larry Hahn



Debbie Hahn



LeAne Taylor Suarez

The top producers at John Naumann & Associates for May were: Linda Naton, top listing agent; Larry and Debbie Hahn, top listing team; LeAne Taylor Suarez, top sales agent; and Harrell, Tolp and Albright, top sales team.✪



Harrell, Tolp and Albright

Pfeifer Realty Group

The top producers at Pfeifer Realty Group on Sanibel for May were: Kerri Maw, top sales agent; and Lisette Hitt, top listing agent.✪



Kerri Maw



Lisette Hitt

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Rotary Happenings

submitted by Shirley Jewell

Sanibel-Captiva Rotarians had the pleasure this week of meeting the new Sanibel-Captiva Conservation Foundation (SCCF) CEO Ryan Orgera. Orgera took over the position from Erick Lindblad, a former Sanibel-Captiva Rotarian, in January.

Orgera is sort of a Southwest Florida homeboy. He grew up in Lemon Bay, Charlotte County. His undergraduate and graduate studies were done at the University of South Florida with degrees in romance languages and literatures. He also holds a PhD in geography and environmental sciences from Louisiana State University (as an aside, Orgera at some point received a small Rotary scholarship for his studies). He taught French and Italian at the university level for eight years.

He then went on to realize that the time he spent on the shores of Lemon Bay were important years for him and his focus turned to marine conservation,

water resources and sea life. Orgera was the legislative director of the Coastal States Organization and taught environmental geography courses at The George Washington University. As a Knauss Marine Policy fellow, he worked in the office of U.S. Sen. Bill Nelson, making him Sen. Nelson's primary expert on ocean and coastal policy.

His job before joining SCCF was at The Pew Charitable Trusts where he worked on marine conservation projects across the globe. He worked on the Ending Illegal Fishing Project and Global Shark Conservation teams. Orgera helped ensure global protection for 13 species of sharks and rays.

When the opportunity at SCCF came along, he could follow his desire to work for preservation, conservation and protection of natural habitats, focusing on environmentally sensitive habitats and water resources.

Orgera stepped into his position of CEO at SCCF on the heels of last year's red tide water crisis. The whys behind these toxic outbreaks are constantly being studied, and both facts and studies have once again come to the forefront of activities at SCCF, particularly in relationship to wetland development in Florida. Two maps were used in a PowerPoint presentation given by Orgera

showing the destruction of the wetlands in Florida from 1996 to now. Orgera has attended many meetings with state officials and government agencies to place SCCF's information before these governing bodies regarding watershed crisis and fallout water quality. He is called on to present SCCF's information, along with many partnering agencies' studies, conducted in field research on water quality in around our islands. The use of scientific information and political persuasion can and must make a positive change in slowing down the destruction of our natural wetland filtering system. Since Florida became a state,

total wetland area has decreased by approximately 44 percent. If you want to stop flooding, stop filling in wetlands and allow the natural wetlands do their job. Will the construction of the C4.3 Reservoir – the Caloosahatchee West Basin Storage Reservoir in Hendry County help with flood water storage? Who knows. Let's all support the work being done at SCCF on how to solve environmental problems one acre, one marine mile at a time. Let's keep an eye on the polluters of the Caloosahatchee. *The Sanibel-Captiva Rotary Club meets Friday mornings at 7 a.m. at The Dunes Golf & Tennis Club. Guests are welcome.**

Shorebird Status

by crows. It is great that she produced a chick this year."

A third pair of snowy plovers, the banded female Orange/Black and an unbanded male, appears ready to nest soon. Orange/Black is Sanibel's oldest known plover. She was captured as an adult in 2009 and is at least 11 years old, but probably older.

Following a disappointing 2018 during which every Wilson's plover nest was either washed over or depredated by crows, early results are quite promising this season. From the island's two recorded nesting pairs, several eggs have already hatched. The first pair produced a two-egg nest, with both hatching on May 23; one chick remains now. The second pair produced a three-egg nest, which hatched on May 27. "All three are still alive.... amazing!" said Albrecht.

As for Sanibel's population of least terns, crows depredated all the nests last month, causing the colony to abandon their longtime home near Bowman's Beach.

"Around the same time, a small number of least terns appeared on a nearby rooftop nesting colony, and a colony settled down on North Captiva as well, so we are assuming that is where our birds went," said Albrecht.

SCCF received notice of an unmarked least tern colony on the northern end of North Captiva Island on June 3. Albrecht was able to coordinate with the SCCF Marine Lab to travel to North Captiva the next day to rope off the colony.

"People were (unknowingly) walking through the colony and some nests were accidentally destroyed," she added. "Least terns dive bomb and defecate on people that get too close to eggs and chicks, because they think we are predators."

In addition, SCCF is working on an agreement with a state agency to coordinate regular visits to monitor the North Captiva least tern colony, which may help better protect the shorebirds.

SCCF Snowy Plover Facts
Sanibel's beaches provide a year-round home to approximately 10 pairs of the state's 220 pairs of snowy plovers.

Snowy plovers nest and raise their chicks from February to August.

They create a small depression in the sand (called a scrape) which serves as a nest.

The female typically lays three eggs. The male and female take turns incubating the eggs.

Chicks hatch about a month after the eggs are laid. They are able to run and feed within hours of hatching.

The parents stay with the chicks until they are able to fly (about a month after hatching).

How To Help Snowy Plovers
Respect signed nesting areas. Plover nests are very difficult to see. The posted areas prevent beachgoers from accidentally trampling the eggs in a nest.

Honor the leash law. Plovers view dogs as predators. An unleashed dog can destroy nests and kill hatchlings.

Keep a respectful distance when photographing shorebirds.

For additional information, visit www.sccf.org/our-work/shorebirds.*

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Interior Designers Honored At Conference

Linda and Dana Coin, owners of the Decorating Den Interiors of Sanibel, serving Lee and Collier counties, were honored for business achievement at their company's 50th anniversary annual conference and supplier market held recently in Las Vegas, Nevada.

The Coin Team received multiple awards for 2018 sales that put them among the top two percent in the company, which is North America's largest home furnishings and interior design business.

The Coin Team was awarded the Premier Club Award, Chairman's Circle and the Horizon Award.

"We've returned from conference with an extensive library of before and after high resolution digital photographs featuring room makeovers from this year's Dream Room competition," Linda Coin said. "They are fabulous designs with interesting stories behind them, making for an ideal workshop or seminar program for organizations looking for a speaker for their meetings."

Decorating Den Interior's room makeovers have been featured in such publications as *Traditional Home*, *Elle Décor*, *Better Homes and Gardens*, *Veranda* and *Home Accents Today*.

"As North America's largest interior



From left, Jeanie Tinch, Trinette Nelson, Barbara Cacchione, James Bugg, Linda Coin, Katie Frederic, Marcia Feeney and Mary George

photo provided

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Home Collection of furnishings," Coin explained. "We bring samples directly to the client's home or office, provide complimentary design services and personally oversee projects through installation."

Decorating Den Interiors was founded in 1969 and has interior design professionals and decorators throughout the U.S. and Canada. The Coins have owned the Decorating Den Interiors Sanibel location since 2014.*



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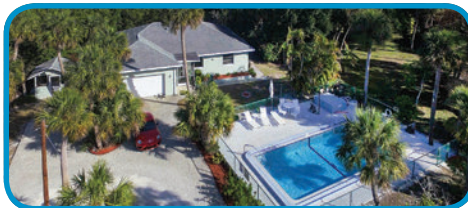
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\$575,000

4156 West Gulf Drive



This 3BR/2BA has been updated with cathedral ceilings, an inviting kitchen and dining/living room combo. The master bedroom with en-suite has private access to the rear porch. The beautifully designed guest bath includes an etched glass enclosed walk-in shower. Relax on the large rear porch or play a game of tennis or pickleball on your private court.

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Sandalfort #3C1



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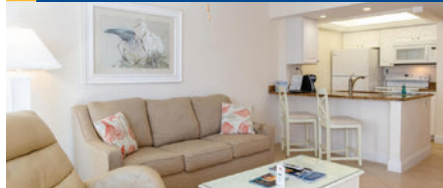
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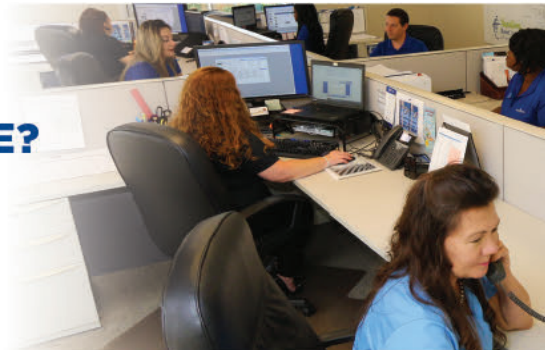
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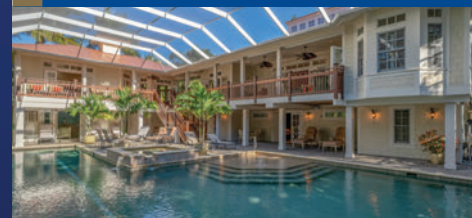
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 FRIDAY Mostly Cloudy High: 88 Low: 81	 SATURDAY Mostly Cloudy High: 90 Low: 83	 SUNDAY Cloudy High: 88 Low: 81	 MONDAY Cloudy High: 91 Low: 83	 TUESDAY Few Showers High: 87 Low: 80	 WEDNESDAY Few Showers High: 88 Low: 81	 THURSDAY Few Showers High: 89 Low: 82
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Redfish Pass Tides				
Day	High	Low	High	Low
Fri	12:32 am	4:35 am	11:18 am	6:34 pm
Sat	1:41 am	5:05 am	11:49 am	7:19 pm
Sun	2:43 am	5:31 am	12:20 pm	8:01 pm
Mon	3:37 am	5:56 am	12:52 pm	8:39 pm
Tue	4:25 am	6:23 am	1:26 pm	9:17 pm
Wed	5:06 am	6:57 am	2:03 pm	9:55 pm
Thu	5:43 am	7:40 am	2:43 pm	10:33 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	10:23 am	4:37 am	None	6:36 pm
Sat	12:46 am	5:07 am	10:54 am	7:21 pm
Sun	1:48 am	5:33 am	11:25 am	8:03 pm
Mon	2:42 am	5:58 am	11:57 am	8:41 pm
Tue	3:30 am	6:25 am	12:31 pm	9:19 pm
Wed	4:11 am	6:59 am	1:08 pm	9:57 pm
Thu	4:48 am	7:42 am	1:48 pm	10:35 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	11:04 am	5:03 am	None	6:09 pm
Sat	12:37 am	5:52 am	11:49 am	7:01 pm
Sun	1:24 am	6:40 am	12:28 pm	7:51 pm
Mon	2:10 am	7:27 am	1:03 pm	8:40 pm
Tue	3:02 am	8:13 am	1:35 pm	9:28 pm
Wed	4:01 am	8:59 am	2:10 pm	10:12 pm
Thu	4:50 am	9:42 am	2:58 pm	10:52 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	2:42 am	7:51 am	1:28 pm	9:50 pm
Sat	3:51 am	8:21 am	1:59 pm	10:35 pm
Sun	4:53 am	8:47 am	2:30 pm	11:17 pm
Mon	5:47 am	9:12 am	3:02 pm	11:55 pm
Tue	6:35 am	9:39 am	3:36 pm	None
Wed	7:16 am	12:33 am	4:13 pm	10:13 am
Thu	7:53 am	1:11 am	4:53 pm	10:56 am

Island Seniors
At Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Donations Needed For Trash & Treasures Sale – The center is now accepting donations for the fall Trash & Treasures Sale. Whether you are refreshing your home before returning in the fall or doing some spring cleaning, donate your clean, gently used items. A tax deductible receipt will be provided. Bring your donations – excluding books, clothes, shoes, computers or TVs – to the center Monday through Friday between 8 a.m. and 3 p.m. If you have any questions, call 472-5743.

Kayaking on Tuesdays – June 18 at 8:30 a.m. (weather permitting). There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors, Inc. will provide kayaks, paddles and life jackets. Bring water, a small snack, sun screen, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$20 for non-members. Advance registration is required.

Sunset Social Luau Night on the Causeway – Tuesday, June 25 at 6 p.m. (weather permitting). No charge for Island Seniors members and \$5 for non-members.

Spend an evening relaxing and watching the sunset with friends. Food will be served at 6:30 p.m. Bring a side dish to share and your beach chair.

Marina Jack’s Lunch Cruise on Sarasota Bay and Shopping

at St. Armand’s Circle – Thursday, June 20. Cost is \$99 for members and \$109 for non-members. Includes round trip transportation, sightseeing cruise on Sarasota Bay with buffet lunch, shopping time on St. Armand’s Circle and a stop at Der Dutchman Amish Bakery. Bus departs from Fort Myers location at 9:30 a.m.

Page Turners with Louise Fitzgerald and Ann Hartman – If you would like to be on the list for Page Turners book discussions, email oceann@comcast.net or contact the center.

The featured book for Wednesday, July 10 is *Boy Erased* by Gerrard Conley. Bring your lunch and view the movie at 12:30 p.m. followed by a book discussion at 2:30 p.m.

“The son of a Baptist pastor and deeply embedded in church life in small town Arkansas, as a young man Garrard Conley was terrified and conflicted about his sexuality. When Garrard was a nineteen- year-old college student, he was outed to his parents, and was forced to make a life-changing decision: either agree to attend a church-supported conversion therapy program that promised to ‘cure’ him of homosexuality; or risk losing family, friends, and the God he had prayed to every day of his life. Through an institutionalized Twelve-Step Program heavy on Bible study, he was supposed to emerge heterosexual, ex-gay, cleansed of impure urges and stronger in his faith in God for his brush with sin. Instead, even when faced with a harrowing and brutal journey, Garrard found the strength and understanding to break out in search of his true self and forgiveness.” – Goodreads

Games – Cost for all games is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Bridge – Monday and Wednesday. Registration begins at noon. Game begins at 1:30 p.m.

Mahjongg – Monday and Thursday at 12:30 p.m.

Hand & Foot – Thursday at noon.

Hearts – Friday at 12:30 p.m.
Fitness Classes – Island Seniors, Inc. members pay \$4 per class, visitors pay \$10 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend. Fitness class schedule is as follows:

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. Keep your brain fit and your heart, lungs and muscles strong. Hand weights, stretch cords and your body weight will be used. The format is 40 minutes of cardio, 20 minutes of balance exercises, core strength, flexibility exercises and mat work. Athletic footwear is required. Connie DeCicco is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m.

Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear is required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to gentle yoga but all poses are done in a chair. Kim Kouril is

the instructor.
For more information, call 472-5743 or stop by the Center 4 Life, located at 2401 Library Way on Sanibel.*

Yoga For
Osteoporosis

Registration is now open for the new Yoga for Osteoporosis class at the Sanibel Recreation Center. Cost is \$60 for members and \$78 for non-members for the full six-class session. Class size is limited to 12 participants. If space is available, a drop-in rate of \$12.25 per class for members and \$15.50 per class for non-members is available. Register in advance to reserve your spot!

Classes in the June/July session will be held on Tuesdays, June 18 and 25 as well as July 2, 9, 16 and 23 from 9:45 to 11 a.m.

Yoga for Osteoporosis is designed for students of any age and level of yoga experience. Students with an interest in a yoga practice to build bone density, whether suffering with osteoporosis or osteopenia, or as a preventive therapy, will receive guidance for a safe yoga practice. In this class, participants will explore 12 poses that are part of yoga for bone health. The use of chairs, blankets and blocks will help students find the version of each pose which is most supportive of their individual needs. Please bring an empty stomach, bare feet and an open mind. Participants may want socks and a sweater to be warm during final relaxation at the end of the class.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. For more information, call 472-0345 or visit www.mysanibel.com.*

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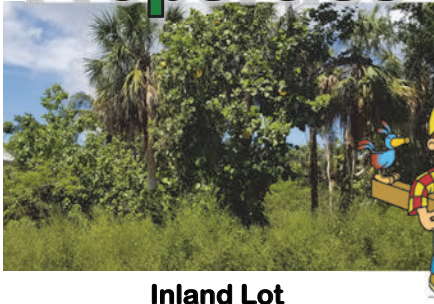
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Properties for Dads to Enjoy! Happy Fathers Day!



Inland Lot

9270 Kincaid Ct in Belle Meade, lot for single-family home on private road with conservation land across the street. Handy to bike path, National Wildlife Refuge, Sanibel School, & Recreation Center. \$149,000



Near-Beach Lot

898 Rabbit Rd in Windrow, access path to gulf beach at end of street & bike path behind shopping center across street. Parcel for single-family home convenient to island shopping & business area. \$170,000



Residential East-End

Captains Walk #F4, 1st level canal-side end-unit condo with windows on 2 sides plus lanai. 2 bedrooms 2 baths, one with full-sized washer/dryer. Assigned carport & community docks. Pets allowed too. \$349,000



Vacation Investment

Signal Inn #4, 1-bedroom 1/2-duplex condo in small 19-unit complex off Middle Gulf Dr. Parking, storeroom, outdoor shower below. Easy on-site pet-friendly rentals generate excellent income. \$499,900



Expansive Water Views

9448 Begonia Ct in Gumbo Limbo, on large lot at end of cul-de-sac. Lake views in two directions. Semi-raised living, all on 1 level. Huge screened deck, new roof, new AC, high ceilings, family room with fireplace. \$699,000



Lake, Golf, Sunsets

1558 Sand Castle Rd, The Dunes, 3-bedroom 2-bath split-plan piling home. 2-car garage below. Huge glassed porch with this view. Kitchen opens to family room with open deck. Club with tennis, golf & restaurant nearby. \$749,000



Equipped for Vacation Rental

556 Cert Ct in East Rocks, near-beach ground-level 4-bedroom 3-bath pool home with new Florida room amid a tropical garden. A single-upcoming rental for Nov 1 to Feb 29 must be honored. \$799,000 furnished



Beach-Front Condo

Sanibel Arms West #E2, 1st level 2 bedroom facing the gulf, open kitchen, 2 new baths, washer/dryer. Easy on-site rental program with low rental & condo fees. \$849,000 includes future bookings & furnishings



4-Bedroom Near Beach

1050 White Ibis Dr, Gulf Shores, remodeled with efficient kitchen, central great room opening to this pool, spa, & outdoor kitchen. Split plan with 3.5 baths, separate utility room, & large garage. Steps to beach. \$849,000



With Private Rooftop Deck

Pointe Santo #C43, resort-style living, 3-bedroom penthouse with this screened balcony plus upper open deck. Remodeled white open kitchen with island. Excellent income. \$995,000 completely turnkey



Residential Beach-Front

Gulfside Place #222, in stand-alone tier facing gulf. Recently-remodeled spacious 2nd floor 2 bedroom with den. Modern upscale neutral decor. Ready for personalization. Parking & storeroom below. \$1,429,000



Views Sunrises Over Gulf

1351 Middle Gulf Dr, Moonshadows #2C, beach-front 3-bedroom 3-bath 1/2-duplex home in small community where just 12 share pool & tennis. Priced ~\$500K less than assessed value. \$1,495,000



Deepwater Access Canal

842 Limpet Dr in Shell Harbor, beautifully remodeled 3-suite ground-level split-plan with upper loft. 2-story wall of windows in great room overlook pool to dock & lift. \$2,295,000 with new furnishings available too



Custom Bayfront Home Under Renovation

1238 Isabel Dr in Sanibel Harbour, work nearing completion at spacious multi-story home with 4-stop elevator, 3-car garage, & waterside pool. New master suite on lower level, 2nd master suite above, plus 2 more bedrooms & baths, large bayside office, & huge mid-level family or rec room with bath & mini-kitchen. Amazing great room, 2 fireplaces, updated kitchen with butler's pantry, & open upper deck. All with extraordinary views. Lot with dock with lift at boat basin. \$3,495,000



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Will Power

When Death Comes Knocking, Look Busy



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Nearly 15 years ago, on a hot July afternoon, I was having a frustrating day at work (yes, even estate planning attorneys have bad days at the office!), so I took off a little early, deciding to ride my bike down to the Sanibel Causeway. At the time, construction of the new spans was in progress.

Having pedaled from my south Fort Myers home to the toll plaza at Punta Rassa, I paused, looking at the orange cones wondering whether I should continue across the causeway to the island before making the trek back home.

At that moment I heard a loud **CRACK**, causing me to turn around. I saw flashes of lightning with dark, ominous clouds heading towards me. As most of you know, our summer thunderstorms mostly build in the east then head towards the coast, and can be quite dangerous.

Realizing that I had 13 miles heading directly into the storm to get home, I amped it up. On the Summerlin bike path, I remember looking down at my Garmin bike computer mounted on my handlebars – that registered 23 mph – as I crossed in front of the Siesta Bay RV Resort.

That's when it happened.

I don't remember much, only waking up with paramedics hovering over me.

I'd been hit by a car and was seriously injured. It was a hit and run, apparently, but someone must have noticed me lying unconscious just off the bike path and called 911. A medivac helicopter landed on Summerlin Road to transport me to Lee Memorial's trauma center downtown.

Luckily, I survived, despite having skull fractures (my helmet saved my life) and problems with my neck and spine that would require neurosurgery. To this day, titanium pin and screws hold my neck in place.

None of us knows when our time will come, or how it will come. I was only 40 years old at the time of my near-death experience.

I'm reminded of the quote: "when death comes knocking, look busy..." out of a scene from Woody Allen's movie *Love and Death*, where Boris, the lead character played by Allen, encourages us to "not think of death as an end, but think of it more as a very effective way of cutting down on your expenses."

As my friend Brian Kurtz of Titan Marketing writes about his recent brush with death, "while that might have been nice, I'll take life plus the expenses, thank you very much."

Since my accident, it's been my priority to ensure that I'm always working on something big in my life and encouraging others around me to strive similarly... even after we've achieved great things. "Big" is a relative term, yet we all need something to constantly strive for, or we risk no longer looking busy, inviting the grim reaper to our doorstep.

Dan Sullivan, the top coach for entrepreneurs worldwide, has many stories and examples about famous people who set a huge goal in their lives, but, once attained, left too much room to not be busy.

Sullivan points to the curious tale when Thomas Jefferson and John Adams died within five hours of one another on July 4, 1826, *50 years to the day* after the signing of The Declaration of Independence. Both had a goal of seeing the new republic survive its first 50 years. Having met the goal, they both quickly perished.

You can say that both men should have had some other milestone planned after that. We can cut Jefferson and Adams some slack since they lived in an era where life expectancies got the luckiest of average Americans to their 40s. Jefferson was 82 and Adams 90 when they died.

Yet this story illustrates how important it is to have something to live for, despite your age. Sullivan speaks of the dangers of "retirement" as letting oneself be "put out to pasture" waiting for the slaughterhouse. "Retire from the things you don't like doing, retire from the things you don't do well, and retire from people who drain you and don't make you bigger and stronger," he advises.

Sullivan goes on to say that once you remove the passion to achieve the next great thing in your life, you leave an opening to "cut down on your expenses."

I've represented several clients who have cashed out of their careers in a big way, but once they were on the "other side" with nothing to do, they wilted and died both figuratively, and then literally.

So always plan your next achievement. Keep death at bay.

And don't worry about those expenses.

©2019 Craig R. Hersch. Learn more at www.sbshlaw.com.✱

From page 24

Trip To Israel

be seen from 'the other side.' Salaam, it reads. Shalom. Peace."

The last day of the tour, May 9, was Independence Day in Israel. After free time on the Mediterranean coast, the group traveled to Tel Aviv and explored the ancient port city of Jaffa. Before a Yemeni-style closing dinner, they saw an inspiring model for coexistence organized by an Islamic cleric, peace activist and educator and his Jewish wife. The couple has created an interfaith, multicultural kindergarten called The Orchard of Abraham's Children.

Danner wrote in his blog that the children are "taught the rudiments of all three of the Abrahamic faiths: Judaism, Christianity and Islam. Not in order to convert them, but rather to develop... an understanding and appreciation for 'the other.' The program has grown to

five schools in Jaffa and two in Galilee.

They've been at it now for well over a decade, and some of their first students are now leaders in the peace and reconciliation movement... The fruits of their efforts are boys and girls better equipped to move through the world, not in fear, but rather with an appreciation for people of different backgrounds."

To see Danner's 11 blog posts from the trip, visit www.PeriWinklePonderings.blogspot.com. For Fuch's commentary and photos, visit www.FindingOurselvesinBiblicalNarratives.com.

Lessack, who recently retired after two terms as Bat Yam's president, was on the tour with his wife, Edina. He explained that as they planned the trip, he and Danner, Fuchs and Roth all hoped to maximize coverage of both Jewish and Christian sites. After returning from this memorable visit to Israel, he said, "Based on the feedback from the trip participants, we achieved that goal."✱

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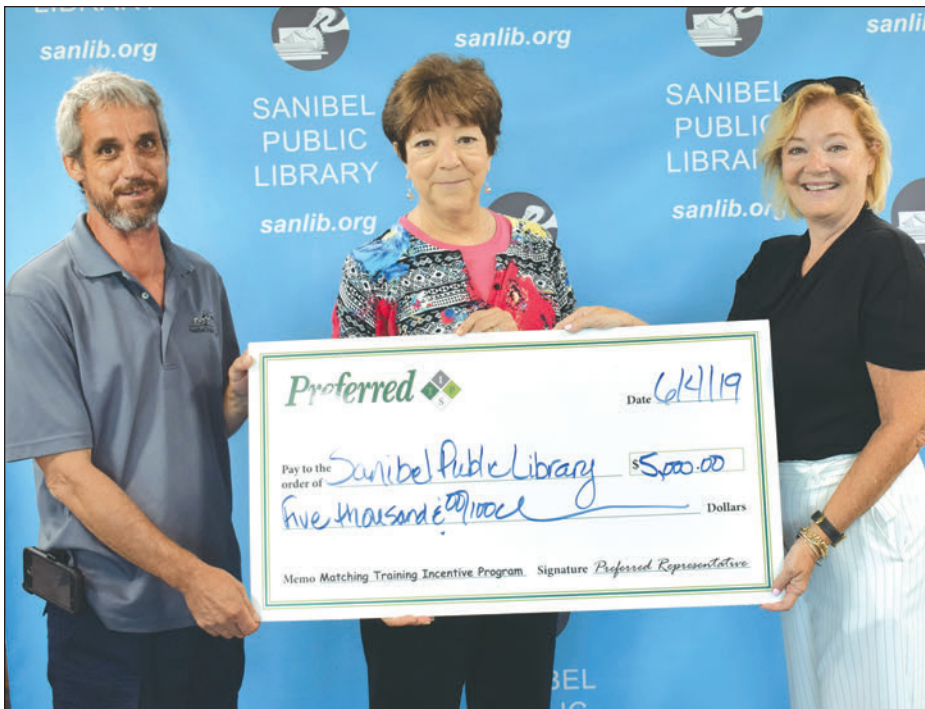


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From left, Murry Lewis, Margaret Mohundro and Pamela Hancock

photo provided

Library Receives Grant From Insurance Trust

Sanibel Public Library recently received a \$5,000 grant, presented by Pamela Hancock of Public Risk Underwriters of Florida, Inc.

The grant from Preferred Governmental Insurance Trust was

awarded due to the implementation of safety measures at the library, including staff training, equipment and maintenance for safety of staff and library patrons.

Sanibel Public Library Executive Director Margaret Mohundro said, "The money will be used to enhance library programs and services, including the book collection." This is the third time the library has been given grant money for implementing safety measures.*

ABWA Installs Executive Board



From left, Julie DeBord, Gloria Garrett, Taylor Osborne, Angela Larson Roehl and Gaby Bell photo provided

The Sanibel Captiva American Business Women's Association (ABWA) installed 2019-20 officers and honored 5-Year Service Award winner Kira Dworkin at its May meeting.

"Kira epitomizes the chapter's mission to inspire all business women to learn, grow and make a lifetime of new connections," said Gloria Garrett, chapter president. "Her service to the organization and her company's generous support of ABWA and other island organizations, including The Sanibel School Seahorse Festival, sets an example for us all."

"We are excited by the leadership and creativity of the 2019-20 ABWA officers' slate," said Nominating Chair Julie DeBord of Kennedy Construction. "We can expect a dynamic year ahead."

The executive board includes Kelley Laird of New American Funding Mortgage in the role of past president, with Gloria Garrett of HMG as president, Taylor Osborne of Iris Print & Designs as vice president, Angela Larson Roehl of Rosier Insurance as secretary and Gaby Bell of Sanibel Captiva Community Bank as treasurer.

The Sanibel Captiva Charter Chapter of ABWA is celebrating 40 years supporting professional growth through leadership, education, networking support and recognition. Luncheon meetings are held on the fourth Tuesday of the month from 11:30 a.m. to 1 p.m. at Sundial Beach Resort & Spa. For more information, visit www.ABWASanibelCaptiva.org.*

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Frankly Speaking



by Howard Prager

I was recently traveling to Boston (no, I'm not the type of sportswriter that gets to cover the Stanley Cup) and read a couple of articles in *USA Today* about women and sports.

The major news and sports magazines have similar coverage because of the FIFA Women's World Cup, which began last weekend. The women's soccer contest was not even held until 1991, 61 years after the Men's World Cup began. Many of the articles highlighted the inequity between coverage of men versus women, surprisingly especially here where the U.S. women won the last championship and have the most championships (three) since the inception of the Women's World Cup.

The articles talked about both coverage and pay, and the inequity in both. Do you watch any women's

sports? I'm not a big soccer fan, but I distinctly remember watching the U.S. women win their second championship in 1999 behind Brandi Chastain and Mia Hamm. I had the pleasure of interviewing Brandi a few months back, and she had a lot to say about the need to support women and girls in sports. "We should applaud people who have great accomplishments on even everyday things. Number one – celebrate the successes you have and own those. Be unapologetically excited for yourself. Girls seem to deflect this. They want everyone else to be happy. Or not get in anyone's way. We would all be better off if we recognize the positive things people do."

I worked at Notre Dame and had the pleasure of watching the women's basketball team dominate almost every other team. They were fun to watch, talented and skilled. I enjoyed watching them play more than the men. Yet, despite their frequent ranking as one of the top one to two teams in the country, few games were sold out, less than the men's team. Why is that? Why can't women's sports draw viewers? How many of us watch the Women's National Basketball Association

(WNBA) or even know our local teams? Sure the women's game is different than the men's, but in a sense it's a more picturesque game than the slam bam jam knock 'em down of the NBA.

To this writer, watching the great dominance of players such as Serena Williams and Martina Navratilova in grand slam tennis was exciting, similar to watching Jeopardy recently and seeing who can beat James Holzhauer. (It was a women librarian!) Why haven't women achieved the same coverage, interest and success in other sports that they have in tennis? Women's tennis is on network television, often with good ratings, showing that there is interest and an audience.

Grand slam tennis is one of the few sports where pay parity between men and women finally was achieved in 2006 (the U.S. paved the way by offering equity in pay to the winners of the U.S. Open as far back as 1973). Earlier this year, the Ladies Professional Golf Association (LPGA) announced a

new partnership that will set up a new contest with the overall prize money this season equal to that of the PGA. This is a giant step for the LPGA putting its golfers on par with the men (pun intended). Yet the struggle goes on as U.S. Women's soccer filed suit against the U.S. Soccer Federation for discrimination. And some national teams around the world have done similarly with their national organizing bodies.

So we've had some advances in women's sports but more needs to be done. You can do your part by encouraging the girls in your life. Catch some women's sports this year. The competitiveness and talent may just surprise you.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandsunnews.com.✱

SPORTS QUIZ

1. Name the last Cy Young Award winner to also be on a World Series-winning team in the same year.
2. Who was the first Texas Ranger to win the A.L. MVP Award?
3. When was the last time before 2017 that the University of Georgia's football team won an SEC championship?
4. Who was the last player before New Orleans' Anthony Davis in 2016 to start a season with back-to-back games of 40 or more points?
5. Name the center in the Buffalo Sabres' famed "French Connection" line of the 1970s.
6. Chevrolet drivers have won seven consecutive poles at NASCAR's Daytona 500. Who was the first of the seven to do it?
7. How many pro bouts did Hall of Fame boxer Sugar Ray Leonard win before suffering his first defeat?

ANSWERS

1. Randy Johnson, with Arizona in 2001. 2. Outfielder Jeff Burroughs, in 1974. 3. It was 2005. 4. Michael Jordan did it in 1986. 5. Gilbert Perreault. 6. Danica Patrick, in 2013. 7. He had 27 pro victories.

From page 15

CROW Case

groups of people, they get evaluated for usage in expanded program settings."

There are also former patients who are utilized to analyze the differences and/or similarities of particular species.

"CROW's Visitor Education Center houses live animal exhibits to compare and contrast invasive species found in Southwest Florida with native animals whose existence is threatened by their presence," said Rainbolt. "Our native exhibits currently include Sydney, an American alligator; Violet, an eastern indigo snake; Kernel, a corn snake; southern toads; and green anoles. Invasive, or potentially invasive, exhibits include LC, a ball python; Arturo, a Cuban knight anole; a cane toad; and tokay geckos. Billy, the nine-banded armadillo, used to be in the Visitor Education Center but outgrew his surroundings, so he is now housed down at the hospital for public viewing during

the Wildlife Walk hospital tour."

CROW visitors must realize that, even though these animals are ambassadors or in exhibits, they are still wild animals and must be treated as such.

"Although animal ambassadors have been conditioned to be more tolerant of human contact, it's crucial to understand that these animals are not domestic pets. They are wild and still maintain some fears and anxieties as if they were in their natural surroundings," said Rainbolt. "Proper safety must be exercised at all times, so it is important to give CROW's animal ambassadors space and be respectful of the viewing directions given by the CROW team."

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.✱

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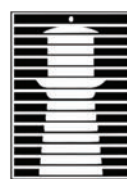
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Steven Carter and Donna Leahy

photos provided

FISH Program Offers Nutritious Meals To Islanders

FISH of SanCap, in partnership with Bailey's General Store, offers hot, nutritious meal delivery five days per week, as well as a food option for weekends. Bailey's General Store chefs plan and prepare the Meals-by-FISH menu and Bailey's staff members sort, package and label each meal daily, which is picked up and delivered by FISH volunteers. Each hot meal consists

of a protein, starch and vegetable based on a two-week set menu cycle. Examples of the meals include oven-roasted chicken with rice and vegetable, broiled Atlantic salmon with rice and vegetable and grilled chicken Caesar salad. Modifications to menu selections can be accommodated, to some extent, based on dietary preference or allergies.

The Meals-by-FISH program is available to anyone would like to participate. This program benefits islanders ranging from seniors who may not cook as much as they once did to someone who needs the program temporarily due to illness or injury. There is no minimum time



Donna Leahy packing meals

commitment for the service, so FISH can accommodate a variety of individual situations. The service costs \$7 per meal, however, FISH will evaluate individuals on a case-by-case basis and offer a partial or total subsidy, depending on need.

"We have had some older folks that suffer from poor nutrition because they were opting to pay housing and medical bills rather than buy nutritious food," said Maggi Feiner, FISH President and CEO. "We are glad to be able to provide financial assistance for this very



Maryanne Edelman delivers a meal to aide Aida Laurent

important program."

Tom, a neighbor who is enrolled in the meals program five days per week said, "I want you to know what your program means to me. It's really difficult to get out and about these days, and I don't like to cook. I'm truly grateful to the friendly volunteers who deliver my lunch and dinner, and to the wonderful people who cook my meals. Thank you FISH and Bailey's!"

If you, or someone you know could benefit from Meals-by-FISH, contact Maria Espinoza at 472-4775.*

Progressive Club Panel Discussion On Labor Unions

On Thursday, June 20, the Progressive Club of the Islands will hear two union organizers discuss the topic The Importance and Presence of Unions in Lee County. The meeting, which is free and open to the public, will take place at the Sanibel Public Library, located at 770 Dunlop Road, beginning at 7 p.m. in the lower level meeting room.

Henry Burden spent 10 years as a labor organizer, business representative and regional director of UFCW in Delaware, Southern Pennsylvania and Northeast Maryland. Burden bargained labor contracts in a five-state area, including national best contracts for 7,000 poultry industry employees. He was a campaign volunteer for the Biden Senatorial campaign and for the John Kerry presidential campaign. Burden also ran the voter protection program for the 2018 mid-term elections and oversaw the recount at the Lee County

Board of Directors.

Chris Krupic grew up in Fort Myers and graduated from Lehigh Senior High School. Working for a cabinet shop, he soon decided – after the economy changed in 2007 – to find a position not dependent on the economy. Hired in 2012 to work for the Island Water Association (IWA) on Sanibel, he noted a change in leadership and helped to organize the workers. The National Labor Relations Board (NLRB) held a vote, and all qualified personnel voted unanimously to bring in the union. This past year, Krupic has also spent time in Tallahassee with the Working Family Lobby Corps to learn how local politics affect the workers.

A panel discussion will give both men the chance to share their experiences with labor unions and the status of unions in Lee County. Those attending will have the opportunity to have their questions answered about labor union activity and employee conditions in Lee County. Everyone interested in the topic is invited to attend.

For more information, call 410-336-2612 or email demclubislands@gmail.com.*

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Superior Interiors

Five Key Pieces Every Stylish Bedroom Needs



by Barb Cacchione

Your bedroom is your own personal haven. If you want to create a cozy escape that welcomes you with open arms at the end of a long day, consider making furniture selections

that include all the key pieces to make the space functional and comfortable.

Everyone knows that a bed and dresser are necessary for a functioning bedroom, but keep in mind that you'll need accents to complete the overall look and complement the theme that these bigger furniture pieces have established. However, with so many furniture options out there, from window benches to accent chairs, narrowing down your selection to just a few pieces can get overwhelming. Therefore, some people elect to work with a design professional who can not only help to narrow the options but coordinate these five key accents for your bedroom.

Nightstands provide essential surface and storage space for everything from your lamp and alarm clock to your reading glasses and books. However, don't underestimate the style that bedside tables can contribute to your room. Choose one that works with your bed's colors and designs for a coordinated look, or step out of your comfort zone and find a bold piece that serves as a stylish accent. If you have a large, shared bed, consider having a nightstand on either side for added convenience.

You don't need a lot of space in your bedroom to create a reading nook or cozy seating area. Set up an accent chair or two – or love seat if you have the space – in a

corner by the window to establish a cozy area where you can relax when you're not in bed. The plusher the chair, the more enticing your seating area will be. Choose a bold color that pops to add flair to the space. Distinguish this area from the rest of your room while adding a personal touch by hanging photos or artwork on surrounding walls. If you don't have dimmers in your bedroom that can set the mood for reading or conversation, a floor lamp will do the trick.

Decorate with furniture that has hidden storage benefits to use your space to its maximum potential. Upholstered benches and ottomans with storage room add texture and style to the area and eliminate the need for extra closet or floor space. You may be able to incorporate personalized shelving that works with your unique space and design theme. This is an excellent way to keep your bedroom clutter-free and organized, one of the keys to maintaining a relaxing personal escape.

Nothing creates a cozy, welcoming environment like a soft and stylish area rug. Treat your feet to a furry rug in the mornings or transform the ambiance of your space with a multicolored, patterned product. Don't forget that your rug should be two feet shorter than the smallest wall in the room. If you have a particularly large bedroom, the rug should fit the configuration of the space and its furniture.

Introducing a vanity to the area will automatically add elegance and style to your bedroom. Many of them give off a classic, antique vibe. In addition to their sophisticated appearance, vanities bring a lot of comfort and convenience to the space, as they provide a personal sit-down area and mirror for grooming and applying makeup. They also work as a storage area for belongings like hair accessories and jewelry.

Once you have these five essential bedroom pieces, get creative and top off your new look with accessories like bedding and table lamps that work with the design theme, colors and layout of your bedroom.

Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindcedden.com.✱

Summit To Discuss Health Risks Of Algal Blooms

A serious threat to the health of all Southwest Floridians lurks in the water. Calusa Waterkeeper invites the public and healthcare professionals to a public water summit on Monday, June 24 about the health effects of harmful algal blooms. The event, called Public Health Alert – Florida Water, runs from 5:30 to 9 p.m. at the Broadway Palm Dinner Theatre, located at 1380 Colonial Boulevard in Fort Myers.

The summit will include a screening of the groundbreaking documentary *Toxic Puzzle*, narrated by Harrison Ford. An expert panel, including two scientists featured in the documentary, will discuss why harmful algal blooms have become a public health concern, where to find key information as the threat evolves, and what Southwest Florida residents can do to help safeguard themselves and their families while fighting for change. A question-and-answer session with the experts will follow the panel presentation.

"The health risks are becoming more apparent as new scientific research emerges," said Calusa Waterkeeper John Cassani. "We're doing everything we can to get the word out and let everyone know what they can do to make a difference in this fight."

Panelists include Cassani and two University of Miami scientists: Dr. Walter Bradley, chair emeritus of the university's neurology department, and marine biology and ecology professor Dr. Larry Brand, both of whom appear in *Toxic Puzzle*.

"The public is just beginning to understand the scale of the problem we face," said Calusa Waterkeeper Executive Director KC Schulberg. "With each passing month, we learn more about the potentially horrendous impact, not just to our environment and marine life, but to the health of our fellow residents. There is urgency."

The Southwest Florida Community Foundation is funding the program through a grant awarded in response to an inquiry from Calusa Waterkeeper President-elect Ruth Watkins. A second public forum set for August 5 will feature the world premiere of an original documentary on the subject that Calusa Waterkeeper is producing, entitled *Troubled Waters*.

A buffet dinner is included in the \$20 ticket price for the June 24 event, with proceeds going toward the nonprofit Calusa Waterkeeper's scientific research and educational outreach efforts. Tickets are available online at <https://bit.ly/2wAkgim>.

Sponsorship opportunities are also available. Email Schulberg at kc@calusawaterkeeper.org to find out how to get involved. To keep tabs on Southwest Florida's water, visit www.calusawaterkeeper.org and [facebook.com/calusawaterkeeper](https://www.facebook.com/calusawaterkeeper).✱

From page 1

Sea Turtle Day

walk receive a free gift and a 10 percent discount coupon for sea turtle items in the Refuge Nature Store.

"My interns and I decided to celebrate the day by drawing attention to and educating people about the plight of threatened sea turtles in our oceans," said refuge conservation educator Sara Hallas, whose team is organizing the event.

Following is the schedule for turtle-friendly and free fun throughout the day:

9 to 10 a.m. – Free Beach Walk &

Cleanup at Perry Tract (parking fees apply at Gulfside City Park)

11 to 11:30 a.m. – Free Sea Turtle Lesson in the Visitor & Education Center Classroom

Noon to 1:30 p.m. – Free showing of the film *Turtle: The Incredible Journey*

Noon to 2 p.m. – Ongoing free Make-and-Take Sea Turtle Crafts in the Visitor & Education Center Classroom

2:30 p.m. – Free Sea Turtle Lesson in the Visitor & Education Center Classroom

For more information about World Sea Turtle Day at the refuge, call 472-1100 ext. 236 or visit www.dingdarlingsociety.org/articles/events.✱

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dearRPharmacist

Metformin's Pros And Cons



by Suzy Cohen, RPh

Dear Readers: Introduced in 1995 when I was just 30 years old, metformin quickly gained traction in the medical arena as the drug of choice to use in diabetes. Prior to its introduction in the United States, it had been used in France since 1957.

It is sold globally by various different brand names, and in combination with other glucose-lowering agents. Metformin has some interesting uses, as well as cautions. There are an estimated 100 million people with diabetes in our country. For natural remedies, please refer to my book, *Diabetes Without Drugs*, which is sold on Amazon and in bookstores nationwide. Today, I'd like to share the pros and cons of the most popular diabetic medication in the world:

Cons

Causes Vitamin B12 Deficiency – It is a strong drug mugger of vitamin B12, and the longer you take it, the more profound the deficiency. If you take metformin, the obvious solution is to supplement with B12 and a high-quality probiotic since probiotics happen to manufacture B12.

Methylcobalamin is my suggestion, because it's methylated and therefore, body-ready. It's available everywhere nowadays. FYI, hair loss, poor memory recall, confusion, anemia and neuropathy are signs of B12 deficiency.

Questionable Prostate Benefits – The results from a brand new study on prostate cancer were disappointing. It was expected that there would be some add-on benefits, but the results showed no significant clinical benefits when metformin was given along with chemotherapy. Previous results have suggested that metformin could be useful in this regard.

Uncomfortable Side Effects – Metformin has side effects such as occasional heartburn, indigestion, bloating and gas, weight loss, diarrhea/constipation, weird taste in the mouth and pancreatitis.

May Harm Kidneys – Severe lactic

acidosis is a rare but very dangerous complication of metformin, and drugs in the same category. It occurs particularly in people with kidney compromise and/or failure.

Pros

Raises Serotonin – New research published in the June 3 edition of *The Journal of Neuroscience* has concluded that metformin improves mood and reduces anxiety. Serotonin is a neurotransmitter associated with happiness, self confidence, satiety and social interaction. Deficiencies of serotonin are often exhibited as OCD, depression and anxiety.

Helps PCOS – Polycystic Ovary Syndrome (PCOS), which is characterized by weight gain, insulin resistance, cravings and skin discoloration. Metformin isn't labeled for this disorder; however, we know it works.

Manages Cholesterol – Metformin may help reduce total cholesterol and low density cholesterol (LDL) as well as blood pressure. Metformin may also reduce triglycerides according to some research.

Some Tumors Retreat – Metformin may suppress growth and improve immune function. It works by lowering blood sugar, which then improves cell receptor sensitivity (and number), which in turn controls the amount of blood sugar floating around in the blood stream. This is good because tumors and pathogens (i.e. fungi, viruses and bacteria) all feed on glucose, so if the sugar gets pushed into the cell, then there's less fuel to feed the pathogens and growing cells that went rogue.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Overeaters Anonymous

If food is a problem for you, Overeaters Anonymous can help. Meetings are held in Room 130 at Sanibel Community Church on Tuesdays at 5:30 p.m. and on Fridays at 4 p.m.

For more meeting information, visit www.southwestfla.org.

Sanibel Community Church is located at 1740 Periwinkle Way.*

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: I lost my 22-year-old son in an accident three years ago and I am still overcome with grief. Is this normal?

A: I am sorry for your loss. It is known that the loss of a child is one of the worst tragedies one can go through. Grief is something we all go through at some point in our life. Your grief is what we refer to is complicated grief. There is no right or wrong way to grieve and no time frame for healing to occur.

You will never "get over" the loss of your son. You will continue to heal as one day you will go one step forward, and another day you may go two steps back. Grief comes in waves. At times you will feel good as though you are getting through it. Then the wave will come along and you will fall apart. This is natural, while difficult at best. Ride the waves as they come and always feel you can reach out for support. There are grief support groups, and I would encourage you to participate in one. You can build support with others who can relate to your grief.

Take one day at a time and try to do

something that will feel good for you. It can be the most simple thing, just make yourself the priority. You have to practice extreme self-care and put yourself as the priority.

If you are not seeing a professional, I would encourage you to reach out and do so.

Embrace the memories of your time with your son and know what a gift you both were to one another.

Constance Clancy, EdD, LMHC, LPC, NCC is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. If you have a question, email Constance at drconstanceclancy@gmail.com or visit www.drconstanceclancy.com.

Help For Drug Addiction

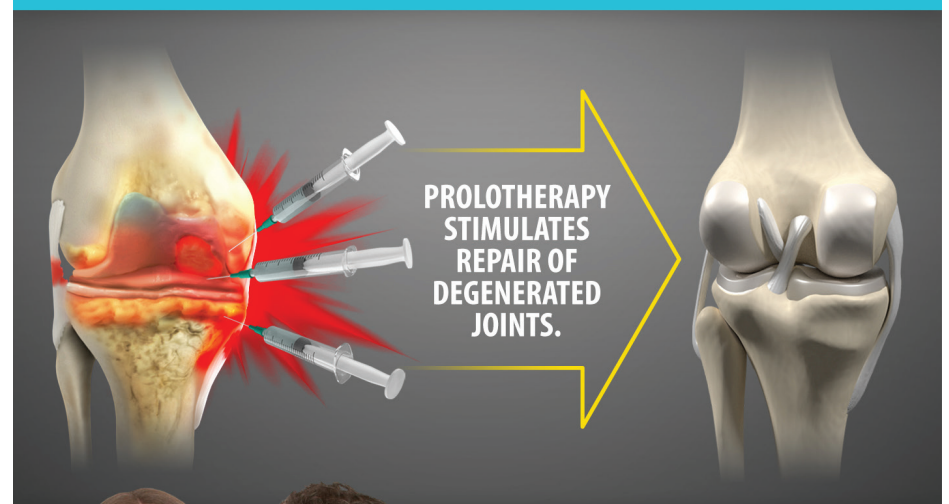
Narconon reminds families that the opiate problem is continuing to get worse and is now considered a "syndemic." More than ever before, communities need to come together and educate parents and their children about the dangers of drug use.

To learn more about the nation's drug crisis, visit <http://www.narconon-suncoast.org/blog/opioid-crisis-now-considered-a-syndemic.html>.

Narconon can help you take steps to overcome addiction in your family. Call 877-841-5509 for free screenings or referrals.*

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Doctor and Dietician

Green Space Is Good For Us



by Ross Hauser, MD
and Marion Hauser, MS, RD

Think about how much time we spend indoors. Many people spend each day working in front of a computer screen for hours only to go home and scarf down food while parked in front of a television screen for the remainder of the evening. But science shows that we all need to make a point of getting outside for our mental and physical health. Research suggests living in a neighborhood dense with trees, bushes and other green vegetation is good for cardiovascular health. Add to that, walking in the woods and you can improve blood

pressure, boost mental health and decrease your cancer risk. One study in the *Journal of the American Heart Association* took a look at people who were already at risk for developing cardiovascular disease, and found that those who lived in neighborhoods with more vegetation had lower levels of epinephrine in their urine. These lower levels indicate lower levels of stress. Also found in the study participants were lower levels of oxidative stress and a greater ability to repair blood vessels. Simply living in an area with greenery lessens cardiovascular risks. Southwest Florida has beautiful vegetation all year-round and makes for an easy environment to boost our physical and mental health. Combine the green outdoors with an activity for the most benefit. Take advantage of the lovely beaches for walks and swimming or paddle through the mangroves. Enjoy hiking through the preserves or play golf on the greens. A view of nature from the window can lower stress levels, but taking it to the next level by exercising in a natural setting boosts memory, reduces anxiety and depression, and benefits your overall health. It's a winning combination and one of the reasons we love Sanibel Island and Southwest Florida. This information is not intended to

treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

Hope Healthcare President Given Honorary Degree

Hope Healthcare President and CEO Samira K. Beckwith presented the graduate commencement address at Piedmont College in Demorest, Georgia, where she was also granted an honorary doctor of humane letters in recognition of her contributions to the field of hospice. Hope Healthcare, which includes Hope Hospice and Hope Kids Care programs, is a not-for-profit health care organization dedicated to providing care and comfort to every individual and their loved ones as they fulfill life's journey. For more information, call 482-4673 or visit www.HopeHCS.org.

Grampy's Charities Sporting Clays Tournament

Grampy's Charities has partnered with Kids & Clays for the Inaugural Grampy's Sporting Clays Tournament, benefiting Ronald McDonald House Charities of Southwest Florida. The tournament will take place on Friday, December 6 at Sarasota Trap, Skeet & Clays in Nokomis, Florida. Registration and breakfast begin at 8 a.m., followed by a brief safety meeting at 9:30 a.m. The shotgun start is at 10 a.m. and lunch, raffle and awards will follow. Each participant will receive Grampy's Famous Ditty Bag, Kids & Clays shooter gifts, eye and ear protection, ammunition and a loaner gun if needed. Grampy's Charities has offered to sponsor the entire event so 100 percent of the event proceeds will benefit Ronald McDonald House Charities of Southwest Florida. Sponsorship opportunities and reservations can be made online at www.rmhcswfl.org/events.



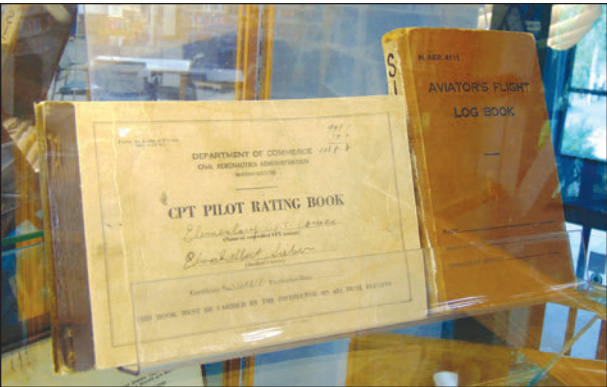
Among Sieber's medals on display are the Navy Cross, the Silver Star and the Distinguished Flying Cross
photos by Jeff Lysiak

Memorabilia

by 1944, we had 86 ships in service. The country really hustled in getting more ships ready." On March 19, 1945, Sieber's squadron joined in an attack on Kure, Japan, where the *Yamato* – a 70,000-ton battleship hailed as unsinkable and considered the pride of the Japanese naval fleet – was seen heading for open waters. He was the first aircraft in a formation of eight dive bombers ordered to go after the *Yamato*, which escaped the attack after none of the bombs, torpedoes and assorted artillery could penetrate the massive vessel. However, less than a month later, U.S. forces successfully sank the Japanese goliath. "On April 7, 1945, one of our submarines spotted the *Yamato*," said Sieber. "But when we arrived at the location it was supposed to be, around 10 a.m., it wasn't there." Approximately 50 miles from their target, the *Yamato* was soon spotted north of Okinawa, headed toward a spot beneath a cloud formation. An attack was ordered by the commander of the 1st Carrier Task Force Pacific, with Sieber in the slot position in a formation of SB2C dive bombers. Starting at 20,000 feet and heading straight down in a 90-degree dive, Sieber struck the *Yamato* with both of his 1,000-pound bombs.



A plaque depicting Sieber's plane attacking the Japanese battleship *Yamato* "I made 100 dives during practice, and I hadn't hit within 100 feet of the target on any of them," he noted with a chuckle. "Once we got the order, I just pulled the trigger and let everything go." Eventually, 13 torpedoes stuck the starboard side of the *Yamato* before the battleship rolled over and sank in less than two hours. Sieber concluded his military service after two years and 10 months, retiring as a Lt. Junior Grade. For his efforts, he was awarded the Navy Cross, Silver Star, four air medals and two distinguished flying crosses. One of his prized possessions, his Navy Cross certificate reads, in part, "Braving adverse weather conditions and intense aircraft fire, Lt. Junior Grade Sieber pressed home his attack against an enemy battleship at the center of the hostile force to score a direct hit which seriously damaged the Japanese ship and contributed materially to its subsequent sinking. His outstanding airmanship and devotion to the fulfillment of a hazardous mission were in keeping with the highest traditions of the United States Naval Service." Standing next to the library display case, looking at each of his mementos, the 95-year-old Sieber smiled with pride and remembrance of that fateful day. "I've had all of these things for so many years, but



Sieber's CPT Pilot Rating Book and Aviator's Flight Log Book nobody has really had the chance to see them," said Sieber, who recently reached out to the Sanibel Public Library to inquire about their interest in displaying his military memorabilia. "When I initially thought about having a display, I worried that I would have too much stuff for them to show. But after I saw the size of the display, I worried that I wouldn't have enough stuff." In addition to a book (*Battleship Yamato: Of War, Beauty & Irony*) and DVD (*Sinking The Supership*) about the sinking of the *Yamato*, Sieber's memorabilia collection includes World War II-era letters of commendation he received from the secretary of the Navy, a pair of Civilian Pilot Training (CPT) aviator log books, more than a half dozen ribbons – including the prestigious Navy Cross, Silver Star, Distinguished Flying Cross, Navy wings and ribbons awarded for combat action on Iwo Jima and Okinawa – and photographs of Sieber as a young pilot, and delivering a lecture about his experiences. Following his military service, Sieber worked as a flight school pilot trainer for three years before a long and successful career as a commercial pilot, serving as a captain for 16 of his 34 years. Eventually becoming a real estate broker, Sieber moved to Sanibel where he married his wife, June, in 2001. The Sanibel Public Library, located at 770 Dunlop Road, is open Monday and Thursday from 9 a.m. to 8 p.m., Tuesday, Wednesday and Friday from 9 a.m. to 5 p.m. and Saturday from 9 a.m. to 1 p.m. For more information, call 472-2483 or visit www.sanlib.org.

PETS OF THE WEEK

photos provided

Lee County Domestic Animal Services

Marley And Millie

Lee County Domestic Animal Services wants people to know they can adopt a canine (or feline) friend to celebrate National Take Your Dog to Work Day on Friday, June 21 at a discounted rate for the first three weeks in June. Adoption fees will be \$20 now through June 22. Take a picture of the new furry family member on the job and share it to Domestic Animal Service's Facebook page to celebrate.



Marley ID# A781223

The adoption package includes spay or neuter, microchip, up-to-date vaccinations, county license and a 10 day health guarantee. That is a \$500 package. A team of staff and volunteers are waiting to introduce a new four-legged family members. Stop by the adoption center Monday through Saturday between 10:30 a.m. and 3:30 p.m.

Marley is an 11-month-old female pitbull mix who is a happy girl that will greet you with a smile and butt wag. She loves to "talk" to everyone she meets. She has lots of energy and loves to play, so

an active family would be the perfect fit for her. She is slim built and petite, so she is a great size for any home. Marley loves our kiddie pools, so if you are a beach-goer, she is the dog for you. Her adoption fee is \$20.

Millie is a 1-year-old female domestic medium hair who is one of those pets that has a personality that draws you right in as soon as you meet her. She may only have sight in one eye, but that does slow her down. She will roll over to get your attention so that you will let her out to run around our cat room. She also knows how to wave hello. And when she starts purring and her motor starts going you can hear it across the room. Millie also loves to play with her feline friends. She is an absolute gem. Her adoption fee is \$10; adopt one cat, get a feline friend at no additional charge.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387.✱

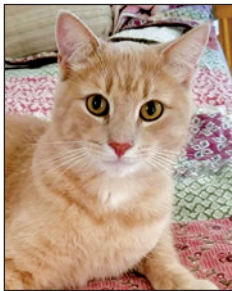


Millie ID# A779161

Haven on Earth Animal League

Chester And Dallas

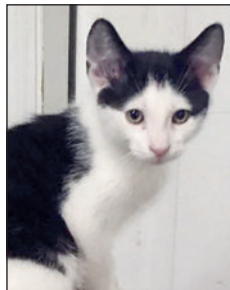
Hi, I'm Chester and I'm a sweet, quiet guy. I'm very good with other cats and only about 3 years old. I'm looking for a home to call my own. Come see me at Petco in Gulf Coast Town Center. I'm up-to-date on vaccines, neutered and have a microchip. My adoption fee is \$100.



Chester

Hello, I'm Dallas. I'm only 3 months old and I'm looking for someone to love me forever. I'm a cute little black-and-white boy and I look like I'm wearing a hat. I'm neutered and up-to-date on vaccinations. I'm currently staying at Petsmart on Six Mile Cypress. Come see me and take me home. My adoption fee is \$125.

We are being cared for by Haven on Earth Animal League. For more information, call Diane at 860-833-4472 or email havenonearthanimalleague@yahoo.com.✱



Dallas

PAWS Of Sanibel

Two Kittens And Momma

PAWS has two beautiful kittens (left out of a litter of four) and their mother up for adoption. They are just over 9 weeks old, and their momma is approximately 7 to 12 months old. Momma has had her shots, combo-tested negative, treated for fleas, wormed and had spay surgery.



One of the kittens with momma, Sweetie

The kittens had their first FVRCP immunization, wormed, were treated for fleas and were completely checked out by the vet. Consider adopting both, as it is so important for them to have a companion

when their people aren't around to entertain them. Call Pam at PAWS at 472-4823 to see these beautiful babies.✱

PAWS Of Sanibel

Paris



Paris, formerly Perry Winkle

PAWS has a 6- to 12-month-old kitten at Coral Veterinary Clinic in Fort Myers. Paris was captured using a humane trap at Periwinkle Park.

Paris weighs 6.5 pounds, has no microchip and appears to be in good health, just very frightened. She is spayed and was given injections for rabies and FVRCP. She has tested negative for FIV/FeLV. If you recognize this kitten, or you would consider fostering or adopting her, call Pam at 472-4823.✱

Island Sun

NEWSPAPER
Sanibel & Captiva Islands

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Emergency	911
Sanibel Police	472-3111
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On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	277-1700
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	sancapart.com
SW Florida Symphony	418-0996
Symphonic Chorale of SW Florida	560-5695
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc ..	http://abwasanibelcaptiva.org
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
COTI Committee of the Islands	coti@coti.org
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
Democratic Club of the Islands	Demclubislands@gmail.com
Disabled Am Vets #108 (San-Cap Rep Ted Tyson) Help 211	984-5920
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FISH OF SANCAP 24-hr service	472-0404
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assoc. of America, Alex MacKenzie ..	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.sancapboating.club
Sanibel-Captiva Republican Caucus	395-0819
Sanibel-Captiva Shell Club	facebook.com/sancapshellclub 267-7291
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
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JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

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PUZZLES

Answers on page 47

Super Crossword

REAL AMERICANS

- ACROSS
- 1 Deal with mercifully

9 Smooth-tongued

13 Inlaid tile designs

20 Shady protagonist, perhaps

21 Inner Hebrides island

22 Female graduates

23 Famed pool hustler

25 Reverberate

26 Recap no.

27 Neither go-with

28 Mined rocks

30 Actress Ekberg

31 Founder of Tuskegee University

36 "Don't put it off!"

40 "Yes" vote

41 Sports guard

42 "Sideways" actress

47 Many

53 Just right

54 Window above a door

55 Interstellar dust clouds

56 Amaz of TV

57 Interim workers

58 Mystery novelist who created Anna Pigeon

60 Tree of Iowa

62 Some iPods

63 Authority

64 Home: Abbr.

67 "LOVE" stamp artist

73 They work on mags

74 Aleve targets

76 Dueling tools

77 Cleo's biter

79 NFL MVP of 1989 and 1990

81 Pleasantly warm outside

85 Norwegian city

89 Many pink-eyed animals

90 Ban on trade

92 Kilt design

93 Publisher of Elle Decor

94 Painter called "The Mother of American Modernism"

96 Theta lead-in

98 Big foot spec

99 Map blowups

100 "Cat on a Hot Tin Roof" playwright

109 "Full of beans," e.g.

110 "Frozen" queen

111 Acid rock's "acid"

112 Writer Dinesen

116 Place-to-place worker

118 Bailiff's directive that's apt to this puzzle's theme?

123 Opponents

124 Reverberate

125 Diagnostic list for a techie

126 Brand of frozen desserts

127 Phony

128 Decade's span

DOWN

1 Alluring legs, informally

2 Attending to the task

3 Big volcano in Sicily

4 Isn't incorrect?

5 That girl

6 "Assuredly"

7 Maine city

8 Uncool

9 Alternative to a JPEG

10 Mauna —

11 Tagging along behind

12 Port in Iraq

13 Actress Mason

14 Seville cheer

15 Singer Boyle

16 In a group of

17 Arctic native

18 Poem division

19 Car variety

24 GPS display

29 "NFL Live" channel

31 Be really hot

32 BYOB part

33 "— Hope" (old soap)

34 "Bill & — Excellent Adventure"

35 Ran in place

36 Full of zeal

37 Funny — (2003 Kentucky Derby winner)

38 Very, to Fifi

39 Mystery writer Marsh

43 Ending for Manhattan

44 Branch

45 —law (acquired relative)

46 Revise

48 First family until 2017

49 Big brass

50 Really work

51 Rowed

52 Plants with fronds

55 Viking org.

57 Certain bout result, briefly

59 7, to Caesar

61 Fire felonies

62 Prefix with fire

64 Hindu royal

65 French place of learning

66 Cat food brand

68 Reno actions

69 Air quality gp.

70 Zellweger of "Case 39"

71 "I love you," to Juan

72 "No" vote

75 Arabian chief

78 Flag holders

80 Re, fa and la

81 Deli staple

82 Actress Dombasle

83 NYC airport code

84 Pasture call

86 Not in peril

87 Raise up

88 Extolling poems

91 Matzo — (Jewish fried dish)

92 Writing tools

94 Scottish Celt

95 One of the Kardashians

97 African fly

100 Durations

101 Patsy's sidekick on "Absolutely Fabulous"

102 Neighbor of Mali

103 Shearer of old films

104 Inbox filler

105 Curvy letters

106 Stare at

107 "The best — to come!"

108 Venerate

112 Regarding

113 Spanish for "room"

114 Winged god

115 Beer holders

117 Born

119 "That's it!"

120 Singer Jones

121 Sizable vase

122 Actor/singer Rogers

1	2	3	4	5	6	7	8		9	10	11	12		13	14	15	16	17	18	19		
20									21					22								
23								24						25								
26						27				28			29			30						
				31	32				33	34					35							
36	37	38	39					40					41									
42						43	44				45	46			47	48	49	50	51	52		
53						54								55								
56					57						58			59								
			60	61						62						63						
64	65	66		67		68	69	70	71						72			73				
74			75			76									77		78					
79					80								81	82	83	84			85	86	87	88
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100	101	102	103	104					105	106				107	108							
109							110						111					112	113	114	115	
116					117				118		119	120				121	122					
123									124					125								
126									127					128								

King Crossword

- ACROSS
- 1 "Grand"

5 Possessed

8 Notoriety

12 Perukes

13 Crib

14 Addict

15 Rodgers/ Hammerstein show

17 Night light?

18 Get a glimpse of

19 Type mea-sures

20 Chews away (at)

21 Sphere

22 Method

23 Podiatrist's concerns

26 Porter's bur-den

30 Last write-up

31 Boxer

32 Currier's part-ner

33 Smoker's gadget

35 "Lady and the —"

36 Listener

37 Crony

38 Aware of

41 Paving gunk

42 Pump up the volume

45 Scandinavian city

46 Rodgers/ Hammerstein show

48 Radiate

49 Diving bird

50 Soy paste

51 Stitched

52 Sch. org.

53 Wan

9 Drifting

10 Cat call

11 Sea flock

16 Towel desig-nation

20 Joke

21 Bernstein/ Comden/ Green show

22 Joker

23 Army rank (Abbr.)

24 Japanese sash

25 18-wheeler

26 Prickly plant part

27 Actress Gardner

28 Jewel

29 Kreskin's claim

31 Apiece

34 "The Way" in China

35 Poi base

37 Anorak

38 Swine

39 Capri, for one

40 Oxen's bur-den

41 Lacking slack

42 Unrepaired

43 Netting

44 Tactic

46 Upper limit

47 Ms. Thurman

1	2	3	4		5	6	7		8	9	10	11
12					13				14			
15					16				17			
18					19				20			
				21				22				
23	24	25				26				27	28	29
30					31				32			
33					34				35			
				36				37				
38	39	40				41				42	43	44
45						46				47		
48						49				50		
51						52				53		

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T F Q O M A J H F C A Y W U R
P N O R L N S J H F D N B G Z
T X V R E W O H N E S I E R T
R Y Q A D A M S I O P X M A C
K I L H F D G L I N C O L N A
B Z Y E W V T A T D G N L T R
R Q O T R U M A N N A T L K T
K I H F D C F F I L L M O R E
A Z X W V T U J A C K S O N R

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- DROF

EROMLLIF

KLOP

NAGAER
- NAMURT

NLOCNIL

NOSIDAM

NOSKCAJ
- NOTGNIHSAW

NOXIN

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REWOHNESIE
- SMADA

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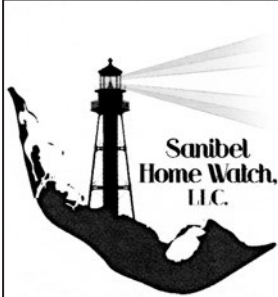
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"Why is it that when I hand you my
_____, I get the
feeling of being robbed?"
answer on page 46

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Bundle
GEARTH _____

Graft
ECLIPS _____

Twirl
RAGETY _____

Cover
KOLAC _____

TODAY'S WORD

9				1		5		
		4			3			6
	3		6			2	8	
1					5			7
	2	3		9			1	
	5		4			9		
		2	7				5	
	6				2	3		4
3				4				1

SUDOKU

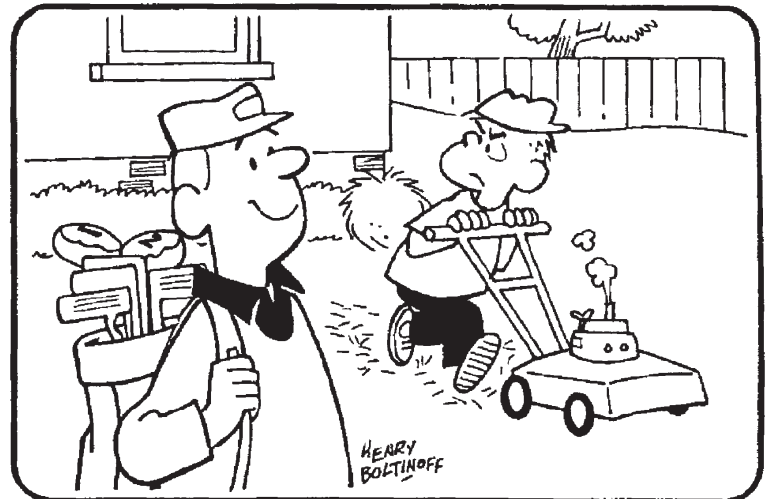
To play Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

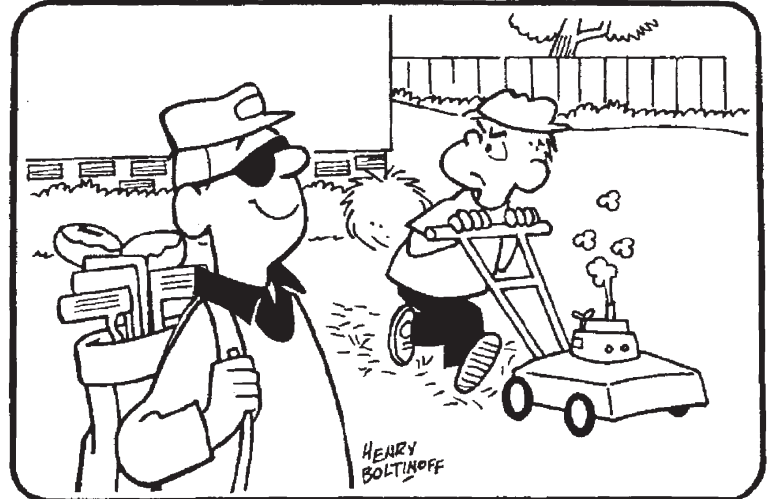
answer on page 47

HOCUS-FOCUS

BY
HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Man is wearing sunglasses. 2. Window is coming from mower. 5. #2 missing from golf club. 6. More missing. 3. Bushes added along fence. 4. More smoke

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My Stars ★★★★★

FOR WEEK OF JUNE 17, 2019

Aries (March 21 to April 19) Things that usually come easily and quickly for the Aries Lamb might need more of your time and attention during the next several days. Try to be patient as you work things out.

Taurus (April 20 to May 20) A changing situation can create some complications. But if you apply that sensible Bovine mind to what seems to be a hopeless tangle of confusion, you'll soon sort things out.

Gemini (May 21 to June 20) Creating a new look for your surroundings is fun. Expect to hear mostly positive comments on your efforts, as well as some well-intended suggestions you might want to note.

Cancer (June 21 to July 22) Maybe you'd rather do anything else than what you're "stuck with" right now. But if you stop complaining, you might see how this could lead to something with real potential.

Leo (July 23 to August 22) Even a proud Leo ultimately recovers from hurt feelings. However, a damaged relationship might never heal unless you're willing to spend more time and effort trying to work things out.

Virgo (August 23 to September 22) There are lots of changes on the horizon, so be prepared to make some adjustments in your usually fine-tuned life. One change

might even impact a personal decision you've been putting off.

Libra (September 23 to October 22) Being the dependable person you are could work in your favor for a project that requires both skill and accountability. But check this out carefully. There could be a hidden downside.

Scorpio (October 23 to November 21) A temperamental outburst about a mishandled project causes some fallout. Be sure to couple an apology with an explanation. A new opportunity beckons by week's end.

Sagittarius (November 22 to December 21) Changing horses midstream is usually unwise but sometimes necessary. Examine your options carefully before making a decision. A trusted colleague offers good advice.

Capricorn (December 22 to January 19) While much of your time is involved with business matters, fun-time opportunities open up by week's end. Enjoy yourself, but be careful that you don't overspend.

Aquarius (January 20 to February 18) A "revelation" opens your eyes to what is really going on in the workplace. What you learn could make a difference in your career path. Continue to be alert for more news.

Pisces (February 19 to March 20) Not wanting to make waves might be the safest way to deal with a difficult situation. But

no substantive changes can be made unless you share your assessments with others.

Born This Week: You have a way of talking to people that makes them want to listen. You could find a successful career in politics.

MOMENTS IN TIME

• On June 21, 1788, New Hampshire becomes the ninth and last necessary state to ratify the Constitution of the United States, thereby making the document the law of the land. Delaware, Pennsylvania, New Jersey, Georgia, and Connecticut were the first to sign.

• On June 22, 1937, in Chicago's Comiskey Park, Joe Louis wins the world heavyweight boxing title when he knocks out Jim Braddock in the eighth-round. Louis was the first black heavyweight champ since Jack Johnson, who lost the title in 1915.

• On June 20, 1947, Benjamin "Bugsy" Siegel, who brought organized crime to the West Coast, is killed in a hail of gunfire at his home in Beverly Hills, California. Siegel got his start in Brooklyn, where he terrorized peddlers and collected protection money in the 1930s.

• On June 23, 1959, after nine years in prison, Klaus Fuchs, the German-born Los Alamos scientist whose espionage helped the USSR build its first atomic and hydrogen bombs, is released from a British

prison.

- On June 18, 1966, Gen. William Westmoreland, senior U.S. military commander in Vietnam, requests an additional 111,588 troops for the war in 1967, bringing the total to 542,588.
- On June 19, 1972, the U.S. Supreme Court rules against Curt Flood in Flood v. Kuhn, denying him free agency as a baseball player. He was trying to break the reserve clause that tied players to one team. Three years later an arbitrator ruled in favor of free agency, but it was too late for Flood, who never played baseball again.
- On June 17, 1994, "OJ" Simpson, a former football player suspected of a double murder, flees along I-405 in Los Angeles in a white Ford Bronco with police in pursuit. News helicopters followed from above, and millions watched on television. Simpson was arrested at home an hour later.

STRANGE BUT TRUE

- It was noted 20th-century American playwright Arthur Miller who made the following sage observation: "Maybe all one can do is hope to end up with the right regrets."
- When creating its cocoon, the silkworm spins a continuous thread more than a thousand yards long, or 12,000 times the length of its own body. To accomplish a comparable feat, a 6-foot-tall man would have to spin a thread that

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SCRAMBLERS

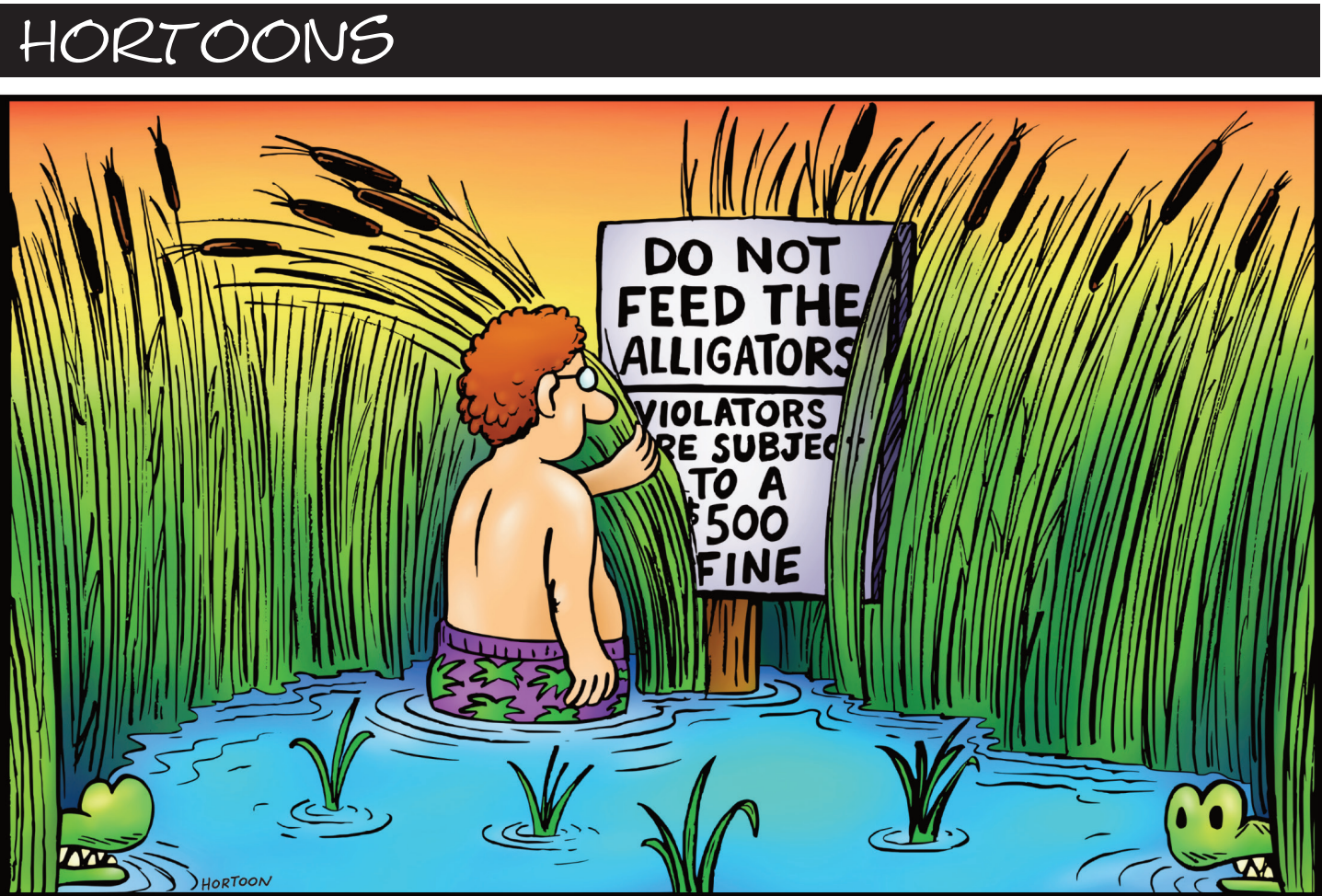
1. Gather; 2. Splice;
3. Gyrate; 4. Cloak
Today's Word
PAYCHECK

stretched unbroken for 15 miles.

- You may be surprised to learn that the onion is actually a lily, botanically speaking.
- In 2016, Michigan State University received a delivery of inedible mayonnaise – the mayo had been frozen and thawed during transit, spoiling all 10,000 pounds of the condiment. Instead of just throwing it out, MSU decided to put the bad mayo to good use. The campus already had an anaerobic digester – a device that decomposes organic waste and converts it to methane – so they poured in all 500 2.5-gallon tubs.
- Guinness, that notoriously dark and bitter brew, contains fewer calories than skim milk or orange juice. Stout for breakfast, anyone?
- If someone were to ask you to name the sunniest spot on Earth, you might be tempted to answer “the Sahara Desert” or some other such exotic place. You would be wrong, though; that distinction belongs to a town right here in America. Out of the possible 4,456 daylight hours each year, the sun shines for an average of 4,050 in Yuma, Arizona. That means that there’s cloud cover or rain for only about 10 percent of the time there.

THOUGHT FOR THE DAY

“Whatever a man prays for, he prays for a miracle. Every prayer reduces itself to this: Great God, grant that twice two be not four.” – Ivan Turgenev



PUZZLE ANSWERS

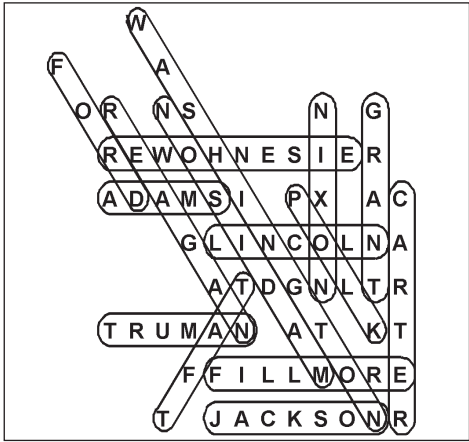
SUPER CROSSWORD

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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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8	5	7	4	6	1	9	3	2
4	1	2	7	3	9	6	5	8
7	6	5	1	8	2	3	9	4
3	9	8	5	4	6	7	2	1

Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Metes And Bounds	Captiva	1938	4,500	\$3,695,000	\$3,475,000	522
Spring Ridge	Bonita Springs	2003	6,230	\$3,325,000	\$3,260,000	8
Cape Coral	Cape Coral	2014	5,177	\$2,690,000	\$2,550,000	35
Woodlake At Bonita Bay	Bonita Springs	2019	3,747	\$2,495,000	\$2,200,000	345
Tichenors F H Silver King	Captiva	1963	2,053	\$1,895,000	\$1,825,000	84
Gulf Heights	Fort Myers Beach	1990	2,183	\$1,500,000	\$1,425,000	46
Longlake	Bonita Springs	1995	5,328	\$1,499,000	\$1,300,000	119
St. Charles Harbour	Fort Myers	2011	4,000	\$1,399,000	\$1,275,000	799
Bayview Acres	St. James City	1992	2,402	\$1,300,000	\$1,200,000	64
St. Charles Harbour	Fort Myers	2001	3,686	\$1,169,000	\$1,127,500	50

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